



WELCOME TO YOUR SOUND JOURNEY
2025





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welcome to your SOUND Journey

A journey to find more calmness, focus and relaxation. A journey to discover fresh, energizing sounds through instruments designed for anyone to explore, create and feel.

our vision

In the hectic chaos of the modern age, it's easy to lose yourself in the stress of everyday life. Restlessness has become a universal companion, whispering in our ears, urging us to keep going, keep doing, and searching for something just out of reach. Within this discord of the external world, there exists a profound remedy: Sound.

Sound has the power to bridge the gap between the outer chaos and our inner world, offering us a pathway to peace and serenity. We want to embrace the power of sound together and start truly listening again. To rediscover our inherent sound.

Our vision includes ...

- ... Creating moments of mindfulness and well-being in times of unrest, when everyone is always expected to perform.
- ... Allowing ourselves to slow down and reconnect with our inner world.
- ... Spreading our instruments with their positive effects all over the world to make them accessible to as many people as possible, no matter their age, gender, health, or wealth status.
- ... Reaching places with sound where words do not.
- ... Inspiring people to get creative and explore their own intuition.
- ... Supporting kids in finding joy through experimentation, strengthening their focus, concentration, and motor skills.
- ... Forming a way of communication through sounds for people who cannot express themselves verbally.
- ... Supporting all kinds of processes – physical, mental, and emotional.



our Brand AMBASSADORS

Get to know the people who represent our brand with their energy, creativity and authenticity every day. Together, we want to spread the vision of sound as an universal message to the world. In May 2024, our first Brand Ambassador training took place and these are the very first Brand Ambassadors that were officially trained by us.



Emanuele
Brunazzetto

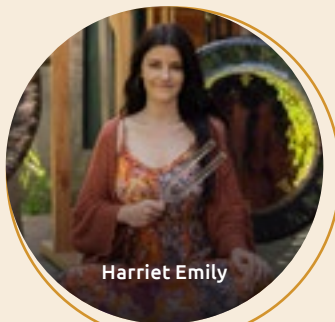


Lea Ferrante & Chloé
Delfine Colombo



Peter Cushin

It has been an honor to be part of this training. The energy, the connection, the location – everything was magical! Chloé



Harriet Emily

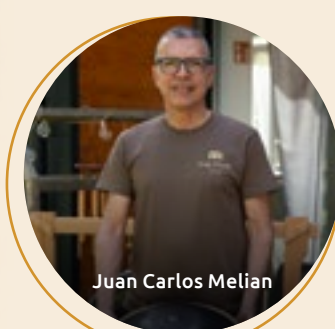


Francesco Fasanaro

Super delighted to have participated in this excellent experience. Thank you for all this ENERGY. Peter



Neval
Karaman-Ribeiro

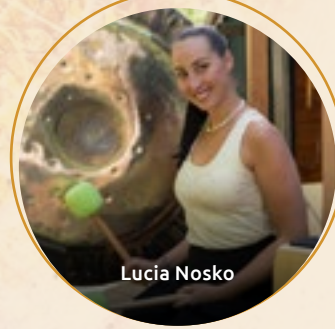


Juan Carlos Melian

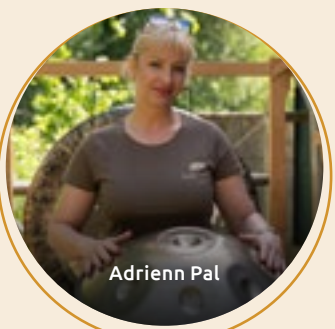
Sharing thoughts, skills and different point on views with people from all over the world. I couldn't ask for something more beautiful and enriching. Francesco



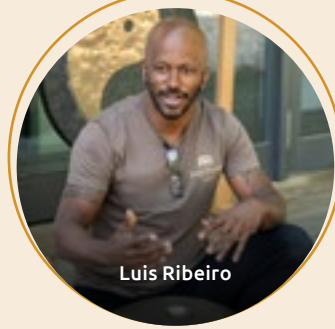
Carolin Mertens



Lucia Nosko

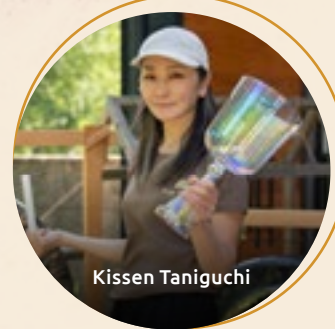


Adrienn Pal

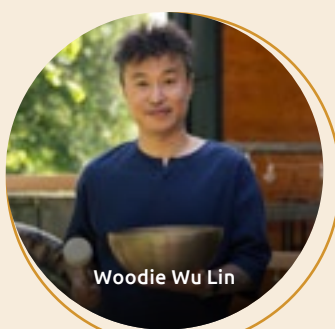


Luis Ribeiro

Coming into Union to create the New Earth. Caro



Kissen Taniguchi



Woodie Wu Lin



Mariela Sarkima

Discover the variety

A Short Guide to Crystal Singing Bowls

Crystal singing bowls create a soothing and uplifting resonance that invites people to enter a deep state of peace and relaxation when listening to them. There are a variety of different types of crystal singing bowls, ranging from frosted bowls to clear singing chalices, and each type offers a distinct sound and atmosphere that enriches the journey created in a Sound Bath.

Frosted Singing Bowls

Frosted crystal singing bowls provide a rich spectrum of sound that can build to fill a large hall when playing for a crowd, or be played softly in a cozy studio for one-to-one Sound Bath. The frosted edge is what allows the sound of this type of crystal singing bowl to be so versatile. Frosted bowls come in a variety of octaves, so that you can create deep and calming tones when using bowls in the 3rd octave, or a joyful and uplifting soundscape when playing bowls in the 4th or 5th octave.

My favourite mallets for frosted singing bowls are the Crystal Singing Bowl Mallet made of rubber (see page 16), to create a clear and crisp tap when striking the bowl, or the Silicone-coated Rod (see page 16) for creating a smooth and relaxing sound when playing around the edge of the bowl.

Exploring Frequencies

Crystal singing bowls are also available in a variety of different frequencies. 440 Hz is the standard tuning of music, and many bowls are tuned to this, meaning that the tone of crystal singing bowls in this tuning is likely to fit in with most musical instruments you already have at home. 432 Hz is a popular frequency used for relaxation and meditation, and many sound healing practitioners choose to use crystal singing bowls in this frequency for this reason when delivering Sound Baths. Sonic Energy's Planetary Crystal Singing Bowls are tuned to the frequencies based on the calculations of Hans Cousto, who discovered the frequencies of each planet. Working with planetary bowls adds a layer of symbolism and storytelling to your work, as you can share the mythology and meaning behind that planet in the sound journeys you create. Solfeggio crystal singing bowls are tuned to specific frequencies which have been used in both ancient and modern meditation practices that are known to have many different benefits for body, mind and spirit.



Working with Chakras and Colours

When creating a Sound Bath, many people like to include the yogic chakra system and the meaning of each chakra as a way of choosing which sounds to include. When working with the chakras and crystal singing bowls, many people use this understanding:

- C = Root Chakra (red)**
- D = Sacral Chakra (orange)**
- E = Solar Plexus Chakra (yellow)**
- F = Heart Chakra (green)**
- G = Throat Chakra (sky blue)**
- A = Brow Chakra (indigo blue)**
- B = Crown Chakra (purple)**

If you enjoy working with colour in your practice, the marble-frosted crystal singing bowls and colour-frosted crystal bowls make a perfect addition to your sound journeys, as each note is colour-matched with the associated note and chakra.

Essence Crystal Singing Bowls and Chalice

The Essence Crystal Singing Bowls have a smooth, polished finish which allows the sound created by these bowls to have a very clear and long-lasting resonance that is tranquil and relaxing. The chalice variety of these bowls allows you to direct the sound around the room, as you can also pick these bowls up and move them in your hand whilst you play, creating a hypnotic, cocooning effect. My favourite mallets to use with these bowls are the Suede Resonant Mallet (see page 28), for creating a clear and crisp tap when striking the bowl, and the Crystal Silicone Rod (see page 16) creating a smooth and relaxing wave of sound when playing around the edge of the bowl.



About Harriet

With 10 years of experience in the wellness industry, Harriet has held hundreds of events across the globe and is known for hosting some of London's best well-being events. Her lifelong passion for wellness and meditation is central to her work and this passion is infused into every project and service that she provides. She is proud to have collaborated with some of the world's most reputable brands and businesses. In 2022, Harriet launched her private studio and London residency within the Harrods Wellness Clinic and in 2024, was announced as a Brand Ambassador for Sonic Energy.

www.harrietemily.com

CRYSTAL SINGING BOWLS

NEW 



Root Chakra,
8" / 20 cm
CSB8C5

Heart Chakra,
8" / 20 cm
CSB8F

Crown Chakra,
8" / 20 cm
CSB8B

Brow Chakra,
9" / 22 cm
CSB9A

Sacral Chakra,
10" / 25 cm
CSB10D

Solar Plexus Chakra,
10" / 25 cm
CSB10E

Heart Chakra,
10" / 25 cm
CSB10F



Throat Chakra, 10" / 25 cm
CSB10G

Heart Chakra, 11" / 28 cm
CSB11F

Root Chakra, 12" / 30 cm
CSB12C

Sacral Chakra, 12" / 30 cm
CSB12D

Solar Plexus, 12" / 30 cm
CSB12E



Heart Chakra, 12" / 30 cm
CSB12F3

Heart Chakra, 12" / 30 cm
CSB12F

Brow Chakra, 12" / 30 cm
CSB12A3

Sacral Chakra, 13" / 33 cm
CSB13D

Root Chakra, 14" / 35 cm
CSB14C

NEW

NEW

NEW



Throat Chakra, 14" / 35 cm
CSB14G

Root Chakra, 16" / 40 cm
CSB16C3

Solar Plexus Chakra, 16" / 40 cm
CSB16E3

Heart Chakra, 16" / 40 cm
CSB16F3

1 CRYSTAL SINGING BOWLS, 432 HZ

- SIZES**
- CSB8**: 8" / 20 cm diameter
 - CSB9**: 9" / 22 cm diameter
 - CSB10**: 10" / 25 cm diameter
 - CSB11**: 11" / 28 cm diameter
 - CSB12**: 12" / 30 cm diameter
 - CSB13**: 13" / 33 cm diameter
 - CSB14**: 14" / 35 cm diameter
- MATERIAL**
Gemstone (Quartz)
- TUNING**
A4/a' 432 Hz
- CSB8C5**: Root Chakra, C5
 - CSB8F**: Heart Chakra, F4
 - CSB8B**: Crown Chakra, B4
 - CSB9A**: Brow Chakra, A4
 - CSB10D**: Sacral Chakra, D4
 - CSB10E**: Solar Plexus Chakra, E4
 - CSB10F**: Heart Chakra, F4
 - CSB10G**: Throat Chakra, G4
 - CSB11F**: Heart Chakra, F4
 - CSB12C**: Root Chakra, C4

FEATURES

- CSB12D**: Sacral Chakra, D4
 - CSB12E**: Solar Plexus Chakra, E4
 - CSB12F3**: Heart Chakra, F3
 - CSB12F**: Heart Chakra, F4
 - CSB12A3**: Brow Chakra, A3
 - CSB13D**: Sacral Chakra, D4
 - CSB14C**: Root Chakra, C4
 - CSB14G**: Throat Chakra, G3
 - CSB16C3**: Root Chakra, C3
 - CSB16E3**: Solar Plexus Chakra, E3
 - CSB16F3**: Heart Chakra, F3
- INCLUDES**
- Made of high-purity quartz
 - White-frosted
 - Extremely long-lasting resonance
 - White silicone ring

2 CRYSTAL SINGING BOWL SETS, 3 PCS.

CONTAINS

- CSBSETAFC**:
CSB9A (Brow Chakra)
CSB12F (Heart Chakra)
CSB14C (Root Chakra)
 - CSBSETAFD**:
CSB9A (Brow Chakra)
CSB11F (Heart Chakra)
CSB13D (Sacral Chakra)
 - CSBSETGEC**:
CSB10G (Throat Chakra)
CSB12E (Solar Plexus Chakra)
CSB14C (Root Chakra)
- INCLUDES**
- White silicone ring
 - Crystal silicone rod (CSBRL)
 - Crystal singing bowl mallet (CSBM)

2



Set, 3 pcs.
CSBSETAFC

3



Set, 7 pcs.
CSBSETCHA



Set, 3 pcs.
CSBSETAFD



Set, 3 pcs.
CSBSETGEC

CRYSTAL SINGING BOWL SLEEVE SET
(SEE PAGE 17)



CSBPSSET2

CRYSTAL SINGING BOWLS

3 CRYSTAL SINGING BOWL CHAKRA SET

- CONTAINS** CSB8B (Crown Chakra)
CSB9A (Brow Chakra)
CSB10G (Throat Chakra)
CSB11F (Heart Chakra)
CSB12E (Solar Plexus Chakra)
CSB13D (Sacral Chakra)
CSB14C (Root Chakra)
- INCLUDES** 7 x white silicone ring
Crystal silicone rods (CSBRM, CSBRHL)
Crystal singing bowl mallet (CSBM)



CRYSTAL SINGING BOWLS

1 432 Hz



Crown Chakra, 10" / 25 cm
MCSB10B



Brow Chakra, 10" / 25 cm
MCSB10A



Throat Chakra, 10" / 25 cm
MCSB10G



Heart Chakra, 10" / 25 cm
MCSB10F



Solar Plexus Chakra, 10" / 25 cm
MCSB10E



Sacral Chakra, 10" / 25 cm
MCSB10D



Root Chakra, 10" / 25 cm
MCSB10C

2



432 Hz



Set, 7 pcs.
MCSBSETCHA

1 MARBLE CRYSTAL SINGING BOWLS

SIZE 10" / 25 cm diameter

MATERIAL Gemstone (Quartz)

TUNING A4/a' 432 Hz

MCSB10B: Crown Chakra, B4

MCSB10A: Brow Chakra, A4

MCSB10G: Throat Chakra, G4

MCSB10F: Heart Chakra, F4

MCSB10E: Solar Plexus Chakra, E4

MCSB10D: Sacral Chakra, D4

MCSB10C: Root Chakra, C4

FEATURES Made of high-purity quartz
Exterior frosted colour, marbled
Extremely long-lasting resonance

INCLUDES White silicone ring

COLOURS **MCSB10B:** Purple
MCSB10A: Dark Blue
MCSB10G: Light Blue
MCSB10F: Green
MCSB10E: Yellow
MCSB10D: Orange
MCSB10C: Red

2 MARBLE CRYSTAL SINGING BOWL CHAKRA SET

CONTAINS MCSB10B (Crown Chakra)
MCSB10A (Brow Chakra)
MCSB10G (Throat Chakra)
MCSB10F (Heart Chakra)
MCSB10E (Solar Plexus Chakra)
MCSB10D (Sacral Chakra)
MCSB10C (Root Chakra)

INCLUDES 7 x white silicone ring
Crystal silicone rod (CSBRM)
Crystal singing bowl mallet (CSBM)

3 432 Hz



Crown Chakra,
Amethyst, 8" / 20 cm
CSBA8B

4 432 Hz



Heart Chakra,
Rose Quartz, 10" / 25 cm
CSBR10F

5 432 Hz



Heart Chakra,
Emerald, 10" / 25 cm
CSBE10F

6 **NEW**



8" / 20 cm
PCSB80M

NEW



16" / 40 cm
PCSB160M



7



8" / 20 cm
PCSB8FOL



10" / 25 cm
PCSB10FOL

NEW



16" / 40 cm
PCSB16FOL

CRYSTAL SINGING BOWLS

3 AMETHYST CRYSTAL SINGING BOWL

SIZE 8" / 20 cm diameter
MATERIALS Gemstones (Quartz and Amethyst)
TUNING A4/a' 432 Hz, Crown Chakra, B4
FEATURES Made of high-purity quartz; Extremely long-lasting resonance
INCLUDES White silicone ring

4 ROSE QUARTZ CRYSTAL SINGING BOWL

SIZE 10" / 25 cm diameter
MATERIALS Gemstones (Quartz and Rose Quartz)
TUNING A4/a' 432 Hz, Heart Chakra, F4
FEATURES Made of high-purity quartz; Extremely long-lasting resonance
INCLUDES White silicone ring

5 EMERALD CRYSTAL SINGING BOWL

SIZE 10" / 25 cm diameter
MATERIALS Gemstones (Quartz and Emerald)
TUNING A4/a' 432 Hz, Heart Chakra, F4

FEATURES Made of high-purity quartz; Extremely long-lasting resonance
INCLUDES White silicone ring

6 OM CRYSTAL SINGING BOWLS

SIZES **PCSB80M**: 8" / 20 cm diameter
PCSB160M: 16" / 40 cm diameter
MATERIAL Gemstone (Quartz)
TUNING A4/a' 432 Hz
PCSB80M: Om 136.10 Hz (audible 544.29 Hz ≈ C#5)
PCSB160M: Om 136.10 Hz ≈ C#3
FEATURES Made of high-purity quartz; White-frosted; Extremely long-lasting resonance
Printed symbol
INCLUDES White silicone ring
SYMBOL **OM**: Om

7 FLOWER OF LIFE CRYSTAL SINGING BOWLS

SIZES **PCSB8FOL**: 8" / 20 cm diameter
PCSB10FOL: 10" / 25 cm diameter
PCSB16FOL: 16" / 40 cm diameter
MATERIAL Gemstone (Quartz)
TUNING **PCSB8FOL**: 128 Hz (audible 512 Hz = C5)
PCSB10FOL: 128 Hz (audible 256 Hz = C4)
PCSB16FOL: 128 Hz = C3
FEATURES Made of high-purity quartz; White-frosted; Extremely long-lasting resonance
Printed symbol
INCLUDES White silicone ring
SYMBOL **FOL**: Flower of Life

THE STORY BEHIND

SOLFEGGIO FREQUENCIES

Solfeggio – a term originally rooted in music theory – has found a significant place in Sound Therapy. The effects and magic of Solfeggio frequencies are perceived in various ways, each offering a unique connection to these ancient tones.

The Solfeggio frequencies form a six-tone scale originally used in religious music during the 11th century, with references to these frequencies dating back to early biblical times. These frequencies represent distinct tonal qualities that are believed to support and enhance various aspects of mental and physical well-being. Despite their powerful effects on the body and mind, Solfeggio frequencies may not always sound harmonious to the modern ear. This is because they do not follow the traditional Western musical scale, which is based on equal temperament tuning.

As a result, they can feel unfamiliar or dissonant, as they operate outside the conventional frameworks of intervals and harmonies, following a more ancient, natural tuning.

The initially six well-known Solfeggio frequencies were complemented by three additional tones, completing the now nine-part scale, as follows:



Solfeggio Crystal Singing
Bowls see page 12



Essence Solfeggio
Crystal Singing Bowls
see page 18



174 Hz

Calming, grounding, pain relief



285 Hz

Renewal of energy fields
and physical rearrangement



396 Hz

UT – Liberation from guilt and fear

417 Hz

RE – Undoing situations
and facilitating change



528

528 Hz

MI – Transformation
and miracles



639 Hz

FA – Harmonizing relationships
and inner balance



741

741 Hz

SOL – Living healthier
and promoting lifestyle changes



852 Hz

LA – Returning to mental
and spiritual order



963

963 Hz

Divinity, pineal gland activation,
spiritual connection



In Sound Therapy, listening to these frequencies is associated with healing effects on the mind, body, and spirit, helping to restore balance. The exact mechanism by which Solfeggio frequencies achieve their effects is not yet scientifically proven. Nevertheless, instruments resonating with these potent frequencies, when paired with purposeful intention and a tranquil atmosphere, have the potential to create a profoundly soothing and harmonizing effect on our well-being.

CRYSTAL SINGING BOWLS

1



Mi 528 Hz, 8" / 20 cm
SOLCSB8-528



Ut 396 Hz, 10" / 25 cm
SOLCSB10-396



Re 417 Hz, 10" / 25 cm
SOLCSB10-417



SOLFEGGIO



Fa 639 Hz, 10" / 25 cm
SOLCSB10-639



Sol 741 Hz, 10" / 25 cm
SOLCSB10-741



La 852 Hz, 10" / 25 cm
SOLCSB10-852



963 Hz, 10" / 25 cm
SOLCSB10-963



174 Hz, 12" / 30 cm
SOLCSB12-174



285 Hz, 12" / 30 cm
SOLCSB12-285

2



Set, 6 pcs.
SOLCSBSET

1 SOLFEGGIO CRYSTAL SINGING BOWLS

- SIZES**
- SOLCSB8:** 8" / 20 cm diameter
 - SOLCSB10:** 10" / 25 cm diameter
 - SOLCSB12:** 12" / 30 cm diameter
- MATERIAL**
- Gemstone (Quartz)
- TUNING**
- 174:** 174 Hz
 - 285:** 285 Hz
 - 396:** Ut 396 Hz
 - 417:** Re 417 Hz
 - 528:** Mi 528 Hz
 - 639:** Fa 639 Hz (audible 319.5 Hz)
 - 741:** Sol 741 Hz (audible 370.5 Hz)
 - 852:** La 852 Hz (audible 426 Hz)
 - 963:** 963 Hz (audible 481.5 Hz)
- FEATURES**
- Made of high-purity quartz
 - White-frosted
 - Extremely long-lasting resonance
 - Printed symbol
- INCLUDES**
- White silicone ring

2 SOLFEGGIO CRYSTAL SINGING BOWL SET

- CONTAINS**
- SOLCSB10-396 (Ut 396 Hz)
 - SOLCSB10-417 (Re 417 Hz)
 - SOLCSB8-528 (Mi 528 Hz)
 - SOLCSB10-639 (Fa 639 Hz)
 - SOLCSB10-741 (Sol 741 Hz)
 - SOLCSB10-852 (La 852 Hz)
- INCLUDES**
- 6 x white silicone ring
 - Crystal Silicone Rod (CSBRM)
 - Crystal Singing Bowl Mallet (CSBM)

3



Schumann Resonance, 12" / 30 cm
PCSB12SF



Venus, 12" / 30 cm
PCSB12V



Synodic Moon, 12" / 30 cm
PCSB12MSY



Synodic Day, 12" / 30 cm
PCSB12ESY



Jupiter, 12" / 30 cm
PCSB12J



Chiron, 12" / 30 cm
PCSB12CH



Earth Platonic Year, 12" / 30 cm
PCSB12EPL



Mars, 12" / 30 cm
PCSB12MA



Mercury, 12" / 30 cm
PCSB12ME



Earth Year/Om, 12" / 30 cm
PCSB12E



Sun, 12" / 30 cm
PCSB12S



4



Set, 7 pcs.
PCSBSETCHA

CRYSTAL SINGING BOWLS

3 PLANETARY TUNED CRYSTAL SINGING BOWLS

- SIZE** 12" / 30 cm diameter
- MATERIAL** Gemstone (Quartz)
- TUNING**
- CH:** Chiron 172.86 Hz ≈ F3
 - E:** Earth Year/Om 136.10 Hz (audible 272.2 Hz ≈ C#4)
 - EPL:** Earth Platonic Year 172.06 Hz ≈ F3
 - ESY:** Synodic Day 194.18 Hz ≈ G3
 - J:** Jupiter 183.58 Hz ≈ F#3
 - MA:** Mars 144.72 Hz (audible 289.44 Hz ≈ D4)
 - ME:** Mercury 141.27 Hz (audible 282.54 Hz ≈ C#4)
 - MSY:** Synodic Moon 210.42 Hz ≈ G#3
 - S:** Sun 126.22 Hz (audible 252.44 Hz ≈ B3)
 - SF:** Schumann Resonance 250.56 Hz ≈ B3
 - V:** Venus 221.23 Hz ≈ A3

- FEATURES**
- Made of high-purity quartz
 - White-frosted
 - Extremely long-lasting resonance
 - Printed symbol
- INCLUDES**
- White silicone ring

4 PLANETARY TUNED CRYSTAL SINGING BOWL CHAKRA SET

- CONTAINS**
- PCSB12EPL (Crown Chakra)
 - PCSB12V (Brow Chakra)
 - PCSB12ME (Throat Chakra)
 - PCSB12E (Heart Chakra)
 - PCSB12S (Solar Plexus Chakra)
 - PCSB12MSY (Sacral Chakra)
 - PCSB12ESY (Root Chakra)
- INCLUDES**
- 7 x white silicone ring
 - Crystal Silicone Rod (CSBRL)
 - Crystal Singing Bowl Mallet (CSBM)

CRYSTAL SINGING BOWLS



NEW

NEW

NEW



Root Chakra, 12" / 30 cm
CSBM12C4



Crown Chakra, 12" / 30 cm
CSBM12B3



Brow Chakra, 12" / 30 cm
CSBM12A3

NEW

NEW

NEW



Throat Chakra, 12" / 30 cm
CSBM12G3



Heart Chakra, 12" / 30 cm
CSBM12F3



Solar Plexus Chakra, 14" / 35 cm
CSBM14E3

NEW

NEW



Sacral Chakra, 16" / 40 cm
CSBM16D3



Root Chakra, 16" / 40 cm
CSBM16C3



1 CRYSTAL SINGING BOWLS, 440 HZ

SIZES
CSBM12: 12" / 30 cm diameter
CSBM14: 14" / 35 cm diameter
CSBM16: 16" / 40 cm diameter

MATERIAL
 Gemstone (Quartz)

TUNING
 A4/a' 440 Hz

CSBM12C4: Root Chakra, C4
CSBM12B3: Crown Chakra, B3
CSBM12A3: Brow Chakra, A3
CSBM12G3: Throat Chakra, G3
CSBM12F3: Heart Chakra, F3
CSBM14E3: Solar Plexus Chakra, E3
CSBM16D3: Sacral Chakra, D3
CSBM16C3: Root Chakra, C3

FEATURES
 Made of high-purity quartz
 White-frosted
 Extremely long-lasting resonance

INCLUDES
 White silicone ring

2 440 Hz



Crown Chakra, 8" / 20 cm
CSBC8B



Brow Chakra, 9" / 22 cm
CSBC9A



Throat Chakra, 10" / 25 cm
CSBC10G



Heart Chakra, 11" / 28 cm
CSBC11F



Solar Plexus Chakra, 12" / 30 cm
CSBC12E



Sacral Chakra, 13" / 33 cm
CSBC13D



Root Chakra, 14" / 35 cm
CSBC14C

3



440 Hz

Set, 7 pcs.
CSBCSETCHA



CRYSTAL SINGING BOWL
TRAVEL BAG SET
(SEE PAGE 17)



CSBPSSET3

CRYSTAL SINGING BOWLS

**2 CRYSTAL SINGING BOWLS
COLOUR-FROSTED**

- SIZES**
- CSBC8**: 8" / 20 cm diameter
 - CSBC9**: 9" / 22 cm diameter
 - CSBC10**: 10" / 25 cm diameter
 - CSBC11**: 11" / 28 cm diameter
 - CSBC12**: 12" / 30 cm diameter
 - CSBC13**: 13" / 33 cm diameter
 - CSBC14**: 14" / 35 cm diameter
- MATERIAL**
Gemstone (Quartz)
- TUNING**
A4/a' 440 Hz
- CSBC8B**: Crown Chakra, B4
 - CSBC9A**: Brow Chakra, A4
 - CSBC10G**: Throat Chakra, G4
 - CSBC11F**: Heart Chakra, F4
 - CSBC12E**: Solar Plexus Chakra, E4
 - CSBC13D**: Sacral Chakra, D4
 - CSBC14C**: Root Chakra, C4

- FEATURES** Made of high-purity quartz
Gradient colour (exterior frosted colour)
Extremely long-lasting resonance
- INCLUDES** White silicone ring
- COLOURS**
- CSBC8B**: Purple
 - CSBC9A**: Dark Blue
 - CSBC10G**: Light Blue
 - CSBC11F**: Green
 - CSBC12E**: Yellow
 - CSBC13D**: Orange
 - CSBC14C**: Red

**3 CRYSTAL SINGING BOWL
COLOUR-FROSTED CHAKRA SET**

- CONTAINS**
- CSBC8B (Crown Chakra)
 - CSBC9A (Brow Chakra)
 - CSBC10G (Throat Chakra)
 - CSBC11F (Heart Chakra)
 - CSBC12E (Solar Plexus Chakra)
 - CSBC13D (Sacral Chakra)
 - CSBC14C (Root Chakra)
- INCLUDES**
- 7 x white silicone ring
 - Crystal silicone rods (CSBRM, CSBRHL)
 - Crystal singing bowl mallet (CSBM)

CRYSTAL SINGING BOWL ACCESSORIES

1



78" / 200 cm, Navy Blue
MMR1NB

78" / 200 cm, Vintage Gold
MMR1VG

2



12.2" / 31 cm, Beige
MMC

3



Mallet
CSBM

4



Medium Large
CSBRM CSBRL

Medium Large
CSBRHM CSBRHL

Medium Large
CSBRHMT CSBRHLT

NEW

SOUND BATH DOUBLE
MALLET (SEE PAGE 28)



SB-PDM-FS-M SB-PDM-FS-L

1 MEDITATION RUGS

SIZE 78" / 200 cm diameter
MATERIALS 45% cotton, 45% polyester, 10% viscose
FEATURES Suitable as the center of your meditation instruments; Calming spot for relaxation; Washable at 30°C

2 MEDITATION CUSHION

SIZE 12.2" / 31 cm diameter,
7.87" / 20 cm height
MATERIALS Cotton; Buckwheat filling
FEATURE Washable at 30°C

3 CRYSTAL SINGING BOWL MALLET

SIZE 7.8"
MATERIALS Wood; Silicone
FEATURE Perfect for gently tapping or rubbing crystal singing bowls

4 CRYSTAL SILICONE RODS

SIZES **M:** Medium (7.8")
L: Large (9.0")
MT: Medium (9.3")
LT: Large (10.4")
MATERIAL Silicone coated glass
FEATURES Perfect for gently tapping or rubbing crystal singing bowls; Super soft surface for silent play
CSBRHM, CSBRHL: Glass handle for a comfortable grip
CSBRHMT, CSBRHLT: Silicone tip

5 CRYSTAL SINGING BOWL BAGS

SIZES **CSBB8:** For 8" crystal singing bowls
CSBB10: For 9" to 10" crystal sing. bowls
CSBB12: For 11" to 12" crystal sing. bowls
CSBB14: For 13" to 14" crystal sing. bowls
CSBB16: For 15" to 16" crystal sing. bowls
MATERIAL Heavy-duty nylon
FEATURES Secure storage and transport; Carrying grip; Double-slide zipper; External pocket
COLOUR **BR:** Brown

5 NEW



8" / 20 cm
CSBB8BR

10" / 25 cm
CSBB10BR

12" / 30 cm
CSBB12BR

14" / 35 cm
CSBB14BR

16" / 40 cm
CSBB16BR

6 NEW



8" / 20 cm
CSBS8BR

9" / 22 cm
CSBS9BR

10" / 25 cm
CSBS10BR

11" / 28 cm
CSBS11BR

12" / 30 cm
CSBS12BR

13" / 33 cm
CSBS13BR

14" / 35 cm
CSBS14BR

16" / 40 cm
CSBS16BR

7 NEW



Set, 7 pcs.
CSBPSSET2

8 NEW



Set, 8 pcs.
CSBPSSET3

CRYSTAL SINGING BOWLS

6 CRYSTAL SINGING BOWL SLEEVES

- SIZES**
- CSBS8**: For 8" crystal singing bowls
 - CSBS9**: For 9" crystal singing bowls
 - CSBS10**: For 10" crystal singing bowls
 - CSBS11**: For 11" crystal singing bowls
 - CSBS12**: For 12" crystal singing bowls
 - CSBS13**: For 13" crystal singing bowls
 - CSBS14**: For 14" crystal singing bowls
 - CSBS16**: For 16" crystal singing bowls

MATERIAL Heavy-duty nylon
FEATURE Secure storage
COLOUR Brown

8 CRYSTAL SINGING BOWL TRAVEL BAG SET

- CONTAINS** 6 x sleeve: 8", 9", 10", 11", 12", 13"
2 x carrying bag 14"
- FEATURE** Secure storage and transport for your Crystal Singing Bowl Chakra Set (CSBSETCHA & CSBCSETCHA)

7 CRYSTAL SINGING BOWL SLEEVE SET

- CONTAINS** 7 x sleeve: 8", 9", 10", 11", 12", 13", 14"
- FEATURE** Secure storage for your Crystal Singing Bowl Chakra Set (CSBSETCHA & CSBCSETCHA)

CRYSTAL SINGING BOWLS

1 NEW



963 Hz, 3.25" / 8.3 cm
ESOLCSB963



La 852 Hz, 3.75" / 9.5 cm
ESOLCSB852



Sol 741 Hz, 3.75" / 9.5 cm
ESOLCSB741



Fa 639 Hz, 4.25" / 10.8 cm
ESOLCSB639



Mi 528 Hz, 4.5" / 11.5 cm
ESOLCSB528



ONE BAG PER BOWL INCLUDED



Re 417 Hz, 5.75" / 14.6 cm
ESOLCSB417



Ut 396 Hz, 5.75" / 14.6 cm
ESOLCSB396



285 Hz, 6.75" / 17 cm
ESOLCSB285



174 Hz, 8" / 20 cm
ESOLCSB174

1 ESSENCE SOLFEGGIO CRYSTAL SINGING BOWLS

SIZES
ESOLCSB174: 8" / 20 cm diameter
ESOLCSB285: 6.75" / 17 cm diameter
ESOLCSB396: 5.75" / 14.6 cm diameter
ESOLCSB417: 5.75" / 14.6 cm diameter
ESOLCSB528: 4.5" / 11.5 cm diameter
ESOLCSB639: 4.25" / 10.8 cm diameter
ESOLCSB741: 3.75" / 9.5 cm diameter
ESOLCSB852: 3.75" / 9.5 cm diameter
ESOLCSB963: 3.25" / 8.3 cm diameter

MATERIAL Gemstone (Quartz, galvanised)

TUNING
174: 174 Hz
285: 285 Hz
396: Ut 396 Hz
417: Re 417 Hz
528: Mi 528 Hz
639: Fa 639 Hz
741: Sol 741 Hz
852: La 852 Hz
963: 963 Hz

FEATURES Clear, strong and rich vibrations; Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

INCLUDES Carrying bag
 Suede mallet
ESOLCSB174, ESOLCSB285: Silicone ring

COLOURS
ESOLCSB174: Brandy Rose
ESOLCSB285: Turquoise Green
ESOLCSB396: Olive Green
ESOLCSB417: Copper Brown
ESOLCSB528: Sunrise Blue
ESOLCSB639: Indigo Blue
ESOLCSB741: Lavender Purple
ESOLCSB852: Mango Mojito
ESOLCSB963: Coral Reef

2 NEW



CRYSTAL SINGING BOWLS

6 pcs.
ESOLCSBSET

2 ESSENCE SOLFEGGIO CRYSTAL SINGING BOWL SET

- CONTAINS**
- ESOLCSB396
 - ESOLCSB417
 - ESOLCSB528
 - ESOLCSB639
 - ESOLCSB741
 - ESOLCSB852

- INCLUDES**
- 2 x carrying bag
 - 4 x suede mallet



CRYSTAL SINGING BOWLS

1 440 Hz



Solar Plexus Chakra, 6" / 15 cm
ECSB6E4CL



Root Chakra, 6.7" / 17 cm
ECSB67C4OR

ONE BAG PER BOWL INCLUDED



Crown Chakra, 7" / 18 cm
ECSB7B3C



Throat Chakra, 7.5" / 19 cm
ECSB75G3LPK



Heart Chakra, 8" / 20 cm
ECSB8F3MB

2

3 BAGS INCLUDED

440 Hz



Set, 3 pcs.
ECSBSETEBG

440 Hz

3 BAGS INCLUDED



Set, 3 pcs.
ECSBSETECG

1 ESSENCE CRYSTAL SINGING BOWLS

SIZES
ECSB6E4CL: 6" / 15 cm diameter
ECSB67C4OR: 6.7" / 17 cm diameter
ECSB7B3C: 7" / 18 cm diameter
ECSB75G3LPK: 7.5" / 19 cm diameter
ECSB8F3MB: 8" / 20 cm diameter

MATERIAL Gemstone (Quartz, galvanised)
TUNING A4/a' 440 Hz

ECSB6E4CL: Solar Plexus Chakra, E4
ECSB67C4OR: Root Chakra, C4
ECSB7B3C: Crown Chakra, B3
ECSB75G3LPK: Throat Chakra, G3
ECSB8F3MB: Heart Chakra, F3

FEATURES
 Clear, strong and rich vibrations;
 Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

INCLUDES
 White silicone ring
 Crystal silicone rod (CSBRM)
 Bag

COLOURS
ECSB6E4CL: Clear
ECSB67C4OR: Orange
ECSB7B3C: Creamy
ECSB75G3LPK: Lotus Pink
ECSB8F3MB: Mint Blue

2 ESSENCE CRYSTAL SINGING BOWL SETS

CONTAINS **ECSBSETEBG:**
 ECSB6E4CL (Solar Plexus Chakra)
 ECSB7B3C (Crown Chakra)
 ECSB75G3LPK (Throat Chakra)

ECSBSETECG:
 ECSB6E4CL (Solar Plexus Chakra)
 ECSB67C4OR (Root Chakra)
 ECSB75G3LPK (Throat Chakra)

INCLUDES
 3 x white silicone ring
 2 x crystal silicone rod (CSBRM)
 3 x bag

CRYSTAL SINGING CHALICES & BAGS



Heart Chakra,
Flower of Life, 6" / 15 cm
CSC6FPFOL



Heart Chakra,
Flower of Life, 8" / 20 cm
CSC8FPFOL



Brow Chakra, 5.5" / 14 cm
CSC55AC



Root Chakra, 6.75" / 17 cm
CSC675CC



Crown Chakra, 7" / 18 cm
CSC7BCL



RESONANT Mallet PERFECT
FOR PLAYING CRYSTAL SINGING
CHALICES (SEE PAGE 28)



SB-RM-LE

2

NEW



6" / 15 cm
CSCB6BR



7" / 18 cm
CSCB7BR



8" / 20 cm
CSCB8BR

CRYSTAL SINGING CHALICES

1 CRYSTAL SINGING CHALICES

SIZES **CSC55AC:** 5.5" / 14 cm diameter
CSC6FPFOL: 6" / 15 cm diameter
CSC675CC: 6.75" / 17 cm diameter
CSC7BCL: 7" / 18 cm diameter
CSC8FPFOL: 8" / 20 cm diameter

MATERIAL Gemstone (Quartz, galvanised)

TUNING A4/a' 440 Hz
CSC55AC: Brow Chakra, A4
CSC6FPFOL: Heart Chakra, F4
CSC675CC: Root Chakra, C4
CSC7BCL: Crown Chakra, B3
CSC8FPFOL: Heart Chakra, F3

FEATURES Clear, strong and rich vibrations;
Dynamic overtones; Made of high-purity quartz; Expertly handcrafted; Extremely long-lasting resonance

FINISHES **CSC55AC, CSC675CC:** Creamy
CSC6FPFOL: Pink
CSC7BCL: Clear
CSC8FPFOL: Purple

SYMBOL **FOL:** Flower of Life

2 CRYSTAL SINGING CHALICE BAGS

SIZES **CSCB6:** For 5.5" to 6" singing chalices
CSCB7: For 6.5" to 7" singing chalices
CSCB8: For 7.5" to 8" singing chalices

MATERIAL Heavy-duty nylon

FEATURES Secure storage and transport; Carrying grip; Double-slide zipper; External pocket

COLOUR **BR:** Brown

A Love called Singing Bowls

Singing bowls are fascinating instruments that can be used for everything from yoga and meditation to massages, beauty treatments, music, and even in kindergartens and schools.

My journey with them began in 2014 during a Silent Meditation Retreat in a Nepalese Buddhist Monastery, where one of the monks used the same singing bowl every morning to end the silent meditation. I could feel an intense resonance in my body, and as soon as I came back home, I started researching but didn't get the results I was expecting.

A couple of months later, I came across the singing bowls of Sonic Energy during the Meinl Percussion Festival, and a small set of four Cosmos singing bowls marked the beginning of a deeper exploration. I took some courses but soon realized I needed to do my own research to truly understand these instruments.



Here's what I learned

First and foremost: quality and condition are crucial. It's essential that singing bowls are of excellent quality, especially when we seek healing effects from them. Not every bowl is capable of producing the resonances needed for healing, which is why we must carefully research and choose wisely. As a teacher, I often encounter a variety of bowls brought by my students to courses. We measure their frequencies and tones, and many are surprised to discover that the bowl's true characteristics differ from what they initially thought or why they purchased it.

Sonic Energy brought reliable quality to the European market, making it possible to buy online with confidence. While I honor the ancient legacy of bowls, I embrace a modern approach, blending tradition with today's fast-paced world.

Yin & Yang aspects of Singing Bowls

The singing bowl represents the feminine (yin), while the mallet is the masculine aspect (yang). Every time we strike the bowl, we are co-creating harmony and balance, symbolizing new life and fulfillment. Each bowl has a unique "personality," and surprisingly, some don't always sing, which is why I teach my students to carefully listen to their instruments. If you listen closely, you'll learn that each bowl communicates.

As soon as you enter the energetic field of a person or yourself, observe how the sound and resonance develop. If the sound fades quickly, focus on that area until the resonance deepens. This indicates the body is relaxing, shifting from disharmony to balance. Therapeutic bowls like the Cosmos or Energy series (see pages 25, 26) help to reset the body with their rich vibration. This practice can also be helpful for mental well-being when played softly near the head.



I don't follow a strict structure. Over the years, I've developed my own approach, using bowls flexibly based on the client's needs and the bowl's response. Each session becomes a creative, personalized healing experience because everyone is different.

I still work daily with my first Cosmos bowls, along with two Universal series bowls. Since the Origin series (see page 27) came out, I've integrated them for their clear meditative sound. Two years ago, I added a 13000 g Grounding Bowl (see page 27), which everyone loves.

Singing bowls are pure love, revealing their secret world to us and enriching our lives. Enjoy your journey with your favorite singing bowls!

About Lucia

Lucia Nosko is a Sound Healer based in Slovakia who has been using Sound Therapy to help people improve their physical, emotional, and spiritual well-being. With her Sound Healing Slovakia practice, Lucia offers individual sessions, workshops, and group sound baths using a variety of instruments such as singing bowls and gongs. Lucia is passionate about sharing the transformative power of sound and being a Brand Ambassador for Sonic Energy since 2024.

www.soundhealingslovakia.sk

Enhance Your Relaxation Practice with the Transformative Power of Sound

Yoga Nidra, also known as "yogic sleep", is a state of conscious relaxation induced through a guided meditation practice. This form of meditation brings about deep physical, emotional, and mental relaxation.

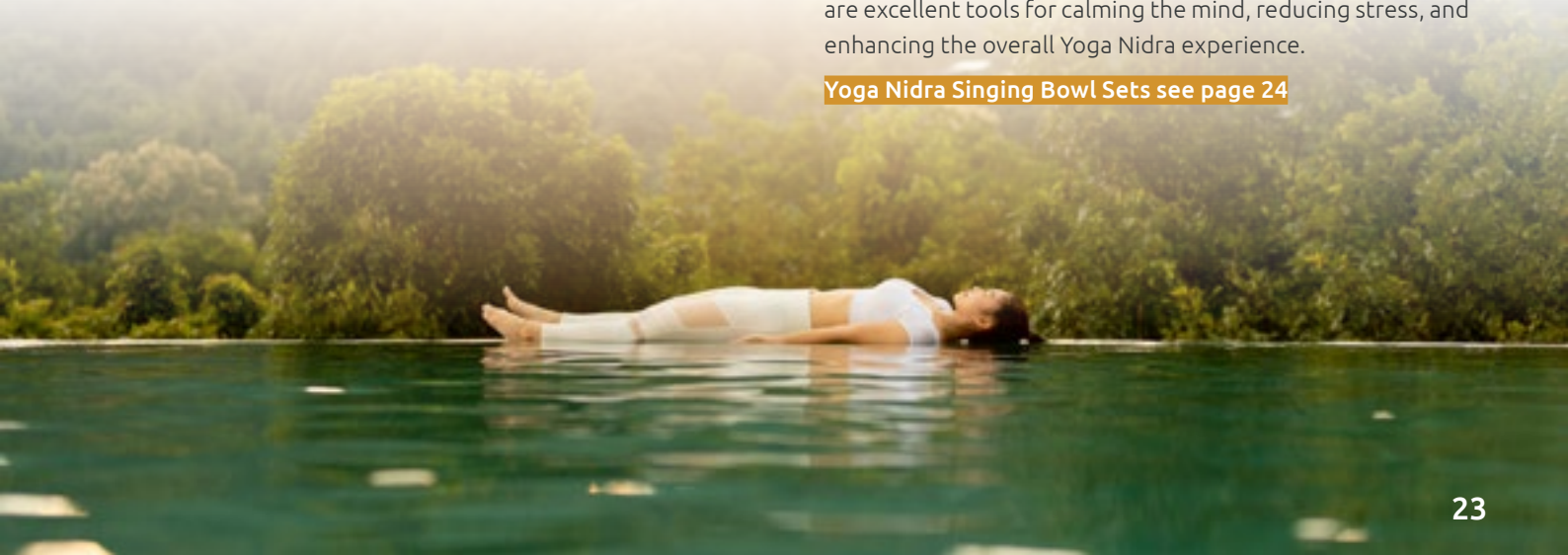
During Yoga Nidra, the mind is led through various mindfulness exercises, including awareness of physical sensations, breathing techniques, visualizations, and feelings of inner peace.

The goals of Yoga Nidra range from promoting relaxation and stress reduction to supporting self-healing and spiritual growth. Regular practice can improve overall well-being, calm the mind, and relieve emotional stress. Supported by the transformative power of sound, this experience becomes even more profound.

The Sonic Energy 3-piece Yoga Nidra Singing Bowl Set is handcrafted in India from a special bronze alloy, ensuring a high-quality sound experience. These three singing bowls can be used individually or together to deepen your Yoga Nidra practice, creating a soothing, immersive atmosphere. Their rich tones guide you into a state of deep relaxation, making them the perfect companion for achieving balance and inner peace during meditation.

For a more profound experience, the 5-piece Singing Bowl Set expands the sound range, offering a more dynamic and versatile meditation session. The additional bowls provide a variety of tones tailored to each phase of practice, fostering deeper relaxation and smoother energy flow. Whether used in personal meditation or group sessions, these sets are excellent tools for calming the mind, reducing stress, and enhancing the overall Yoga Nidra experience.

Yoga Nidra Singing Bowl Sets see page 24

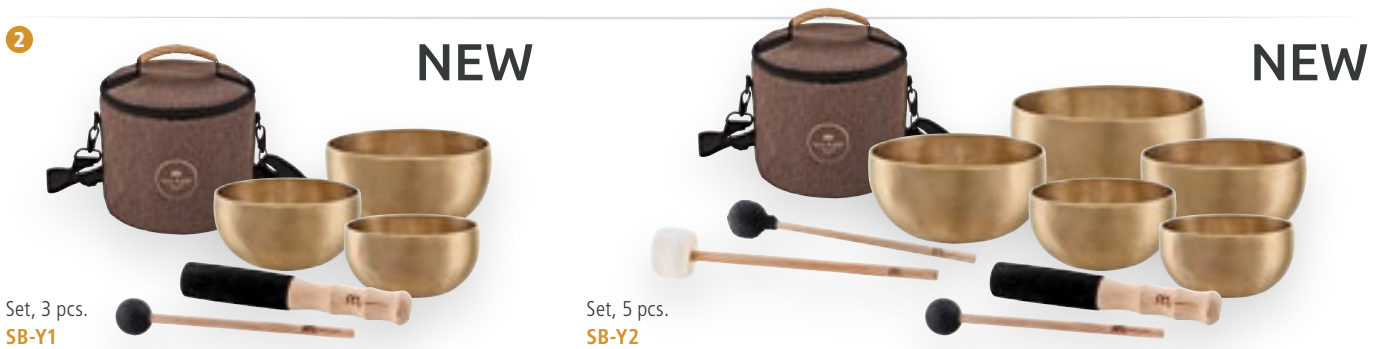


SINGING BOWLS

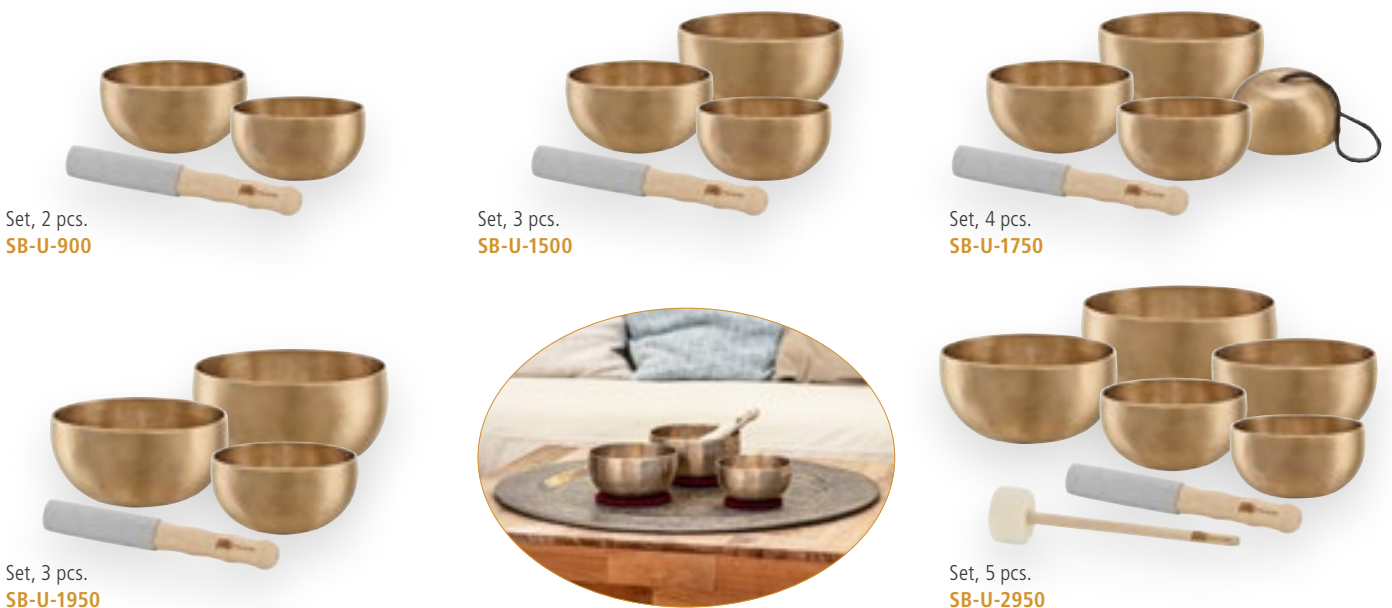
1



2



3



1 UNIVERSAL SINGING BOWLS

DIMENSIONS **SB-U-400**: ~4.5" diameter; ~400 g
SB-U-500: ~4.9" diameter; ~500 g
SB-U-600: ~5.5" diameter; ~600 g
SB-U-700: ~5.9" diameter; ~700 g
SB-U-750: ~6.5" diameter; ~750 g
SB-U-1000: ~8.3" diameter; ~1000 g
SB-U-1700: ~9.8" diameter; ~1700 g
SB-U-2300: ~11.2" diameter; ~2300 g

MATERIAL Special bronze alloy

FEATURES Ideal for yoga and meditation
 Handcrafted masterpiece made in India
 Engraved logo

INCLUDES Corresponding cover and felt ring

2 YOGA NIDRA SINGING BOWL SETS

CONTAINS **SB-Y1**: SB-U-400, SB-U-500, SB-U-600
SB-Y2: SB-U-400, SB-U-500, SB-U-600, SB-U-700, SB-U-750

FEATURES Guides through the stages of Yoga Nidra; Promotes deep relaxation and stress relief; Use individually or as a set

INCLUDES **SB-Y1**: Carrying bag (CBCB), corresponding covers, fleece pads and two different mallets
SB-Y2: Carrying bag (CBCB), corresponding covers, fleece pads and four different mallets

3 UNIVERSAL SINGING BOWL SETS

CONTAINS **SB-U-900**: SB-U-400, SB-U-500
SB-U-1500: SB-U-400, SB-U-500, SB-U-600

SB-U-1750: SB-U-400, SB-U-500, SB-U-600, SB-C-250

SB-U-1950: SB-U-500, SB-U-700, SB-U-750

SB-U-2950: SB-U-400, SB-U-500, SB-U-600, SB-U-700, SB-U-750

INCLUDES Corresponding covers and felt rings
 Resonant Mallet (SB-RM-LE)

SB-U-2950: Mallet (SB-M-LT-S)

4

SHAPE



~700 g
SB-E-700

~1000 g
SB-E-1000

~1400 g
SB-E-1400

~1800 g
SB-E-1800

~2200 g
SB-E-2200

~2500 g
SB-E-2500

5



Set, 3 pcs.
SB-E-3100



Set, 3 pcs.
SB-E-5400

Therapy
Basis Set



Set, 3 pcs.
SB-E-4600



4 ENERGY THERAPY SINGING BOWLS

DIMENSIONS **SB-E-700**: ~6.4" diameter; ~700 g
SB-E-1000: ~7.8" diameter; ~1000 g
SB-E-1400: ~9.0" diameter; ~1400 g
SB-E-1800: ~10.2" diameter; ~1800 g
SB-E-2200: ~11.4" diameter; ~2200 g
SB-E-2500: ~12.2" diameter; ~2500 g

MATERIAL Special bronze alloy

FEATURES Ideal for upper body sound massage
Reinforcement rim that will produce a high tone at first followed afterwards by a deep tone
Handcrafted masterpiece made in India
Engraved logo

INCLUDES Corresponding cover and felt ring

5 ENERGY THERAPY SINGING BOWL SETS

CONTAINS **SB-E-3100**: SB-E-700, SB-E-1000, SB-E-1400

SB-E-4600: SB-E-1000, SB-E-1400, SB-E-2200

SB-E-5400: SB-E-1400, SB-E-1800, SB-E-2200

INCLUDES Corresponding covers and felt rings

SB-E-3100: Resonant Mallet (SB-RM-LE), Mallet (SB-M-ST-L)

SB-E-4600: Professional Mallets (SB-PM-MF-S, SB-PM-MF-L)

SB-E-5400: Resonant Mallet (SB-RM-LE), Mallets (SB-M-LT-L, SB-M-ST-L)

SINGING BOWLS



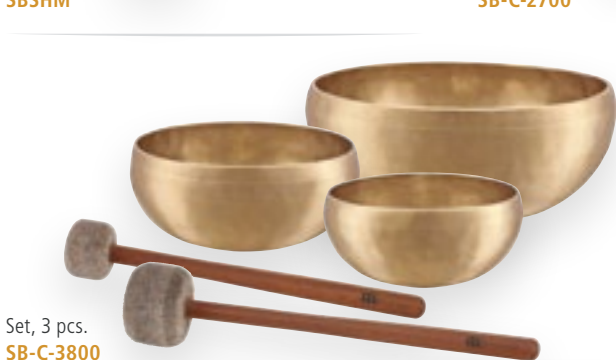
~250 g **SB-C-250** ~650 g **SB-C-650** ~800 g **SB-C-800** ~1000 g **SB-C-1000** ~1500 g **SB-C-1500** ~2000 g **SB-C-2000** ~2500 g **SB-C-2500**



Medium
SBSHM



Set, 4 pcs.
SB-C-2700



Set, 3 pcs.
SB-C-3800



Set, 4 pcs.
SB-C-4750



Set, 7 pcs.
SB-SET-CHA

1 COSMOS THERAPY SINGING BOWLS

DIMENSIONS **SB-C-250**: ~3.7" diameter; ~250 g
SB-C-650: ~5.8" diameter; ~650 g
SB-C-800: ~6.6" diameter; ~800 g
SB-C-1000: ~7.6" diameter; ~1000 g
SB-C-1500: ~9.0" diameter; ~1500 g
SB-C-2000: ~10.3" diameter; ~2000 g
SB-C-2500: ~11.5" diameter; ~2500 g

MATERIAL Special bronze alloy

FEATURES Ideal for yoga and meditation; Generates a sustained deep tone that will fill a room with ambient sounds; Handcrafted masterpiece made in India; Engraved logo

INCLUDES Corresponding cover and felt ring

2 SUCTION HOLDER

SIZE Medium (7.9")

MATERIALS Beech handle; PVC suction pad

FEATURES Direct healing vibrations to specific areas of the body; Perfect for therapeutic use; For singing bowls from 700 g to 1500 g

3 COSMOS THERAPY SINGING BOWL SETS

CONTAINS **SB-C-2700**: SB-C-250, SB-C-650, SB-C-800, SB-C-1000
SB-C-3800: SB-C-800, SB-C-1000, SB-C-2000
SB-C-4750: SB-C-250, SB-C-1000, SB-C-1500, SB-C-2000

INCLUDES Corresponding covers and felt rings

SB-C-2700: Resonant Mallet (SB-RM-LE), Mallet (SB-M-LT-S)
SB-C-3800: Professional Mallets (SB-PM-MF-S, SB-PM-MF-L)
SB-C-4750: Resonant Mallet (SB-RM-LE), Mallets (SB-M-LT-L, SB-M-ST-L)

4 SINGING BOWL CHAKRA SET

CONTAINS SB-C-250 (Crown Chakra), SB-E-700 (Brow Chakra), SB-E-1000 (Throat Chakra), SB-E-1400 (Heart Chakra), SB-C-1500 (Solar Plexus Chakra), SB-E-1800 (Sacral Chakra), SB-E-2200 (Root Chakra)
INCLUDES Corresponding covers and felt rings
Mallets (SB-M-LT-L, SB-M-ST-L, SB-M-ST-S, SB-M-LT-S)
Professional Mallet (SB-PDM-F-XL)

5 ORIGIN SINGING BOWLS

DIMENSIONS **SB-O-600**: ~5.1" diameter; ~600 g
SB-O-700: ~5.7" diameter; ~700 g
SB-O-900: ~6.7" diameter; ~900 g

MATERIAL Special bronze alloy

FEATURES Ideal for yoga and meditation
Handcrafted masterpiece made in India
Engraved logo on the bottom

INCLUDES Corresponding cover and felt ring

5



~600 g
SB-O-600



~700 g
SB-O-700



~900 g
SB-O-900



6



Set, 3 pcs.
SB-O-2200

7



Flower of Life, ~1000 g
SB-S-FOL-1000



Venus Flower, ~1000 g
SB-S-VF-1000



8



~5000 g
SB-G-5000



~6000 g
SB-G-6000



~9000 g
SB-G-9000



~10000 g
SB-G-10000



~11000 g
SB-G-11000



~12000 g
SB-G-12000



~13000 g
SB-G-13000



~14000 g
SB-G-14000



~15000 g
SB-G-15000

6 ORIGIN SINGING BOWL SET

CONTAINS SB-O-600, SB-O-700, SB-O-900
INCLUDES Corresponding covers and felt rings
Mallet (SB-M-ST-L)

7 SYNTHESIS SINGING BOWLS

DIMENSIONS ~7.6" diameter; ~1000 g
MATERIAL Special bronze alloy
FEATURES Ideal for meditation, sound therapy, concerts and yoga; Generates a sustained deep tone that will fill a room with ambient sounds; Handcrafted masterpiece made in India; Engraved logo
INCLUDES Corresponding cover and felt ring
SYMBOLS **FOL:** Flower of Life
VF: Venus Flower

8 GROUNDING SINGING BOWLS

DIMENSIONS **SB-G-5000:** ~15.8" diameter; ~5000 g
SB-G-6000: ~15.8" diameter; ~6000 g
SB-G-9000: ~18.9" diameter; ~9000 g
SB-G-10000: ~19.7" diameter; ~10000 g
SB-G-11000: ~20.5" diameter; ~11000 g
SB-G-12000: ~20.9" diameter; ~12000 g
SB-G-13000: ~22.1" diameter; ~13000 g
SB-G-14000: ~23.2" diameter; ~14000 g
SB-G-15000: ~23.2" diameter; ~15000 g
MATERIAL Special bronze alloy
FEATURES Ideal for sound therapy and can also be used for a full body experience by standing in these bowls; Handcrafted masterpiece made in India; Engraved logo
INCLUDES Corresponding buckwheat cushion

SINGING BOWL ACCESSORIES &

1



2



3



4



GONG BEATERS PERFECT FOR
PLAYING SINGING BOWLS
(SEE PAGE 38)



5



1 MALLETS

DIMENSIONS **SB-M-ST-S:** Small felt tip; Small (8.27")
SB-M-LT-S: Large felt tip; Small (8.27")
SB-M-ST-L: Small felt tip; Large (12.44")
SB-M-LT-L: Large felt tip; Large (12.44")

MATERIAL Indian eucalyptus tree wood

2 PROFESSIONAL MALLETS

DIMENSIONS **SB-PM-SR-S:** Soft rubber tip; Small (8.86")
SB-PM-HFS-S: Hard felt, small tip; Small (8.86")
SB-PM-HFM-S: Hard felt, medium tip; Small (8.86")
SB-PM-HFL-L: Hard felt tip, Large (13.78")
SB-PM-MF-S: Medium felt tip; Small (12.01")
SB-PM-MF-M: Medium felt tip; Medium (12.99")

3 SOUND BATH DOUBLE MALLETS

DIMENSIONS **SB-PDM-FS-M:** Double Mallet; Felt & silicone tip; Medium (11.81")
SB-PDM-FS-L: Double Mallet; Felt & silicone tip; Large (13.78")

MATERIALS Sapele wood handle; Felt; Silicone

FEATURE Effortlessly switch between metallic and crystal singing bowls

SB-PM-MF-L: Medium felt tip; Large (13.78")

SB-PDM-F/R-S: Double Mallet; Felt & rubber tip; Small (9.25")
SB-PDM-F-XL: Double Mallet; Felt tips; X-Large (15.94")

MATERIALS Sapele wood handle except:
SB-PDM-F-XL: Maple handle

4 GROUNDING SINGING BOWL Mallet

DIMENSIONS Fleece tip, XX-Large (27.56")

MATERIALS Beech wood handle; Synthetic fleece

5 RESONANT MALLETS

DIMENSIONS **SB-RM:** Plain; 7.91"
SB-RM-LE: Suede leather; 7.91"
SB-RM-LE-L: Suede leather; 10.24"
SB-RM-LE-XL: Suede leather; 10.63"

MATERIAL Indian eucalyptus tree wood

ZEN, ORNAMENTAL, OM SINGING BOWLS



6
SB-FR-08
SB-FR-10
SB-FR-13
SB-FR-16



7
SB-CB-20 SB-CB-25 SB-CB-30 SB-CB-38 SB-CB-50



8
SB-BC-10
SB-BC-16
SB-BC-21
SB-BC-26



9
Set, 3 pcs.: ~170 g; ~260 g; ~340 g
SBZ1



10
~300 g
SB-OR-300-BK



~300 g
SB-OR-300-R



Set, 3 pcs.: ~170 g; ~260 g; ~340 g
SBZ2



~400 g
SB-OR-400-BK



~400 g
SB-OR-400-R



~300 g
SB-OM-300

6 FELT RINGS
SIZES SB-FR-08: 3.15" diameter
SB-FR-10: 3.94" diameter
SB-FR-13: 5.12" diameter
SB-FR-16: 6.3" diameter
MATERIAL Natural felt
FEATURE Nonslip

7 COTTON BAGS
SIZES SB-CB-20: 7.87" x 7.87"
SB-CB-25: 9.84" x 9.84"
SB-CB-30: 11.81" x 11.81"
SB-CB-38: 14.96" x 14.96"
SB-CB-50: 19.69" x 19.69"
MATERIALS Natural cotton linen fabric
Synthetic fleece inlay
FEATURES Safe transport method;
Prevents from scratches

8 BUCKWHEAT CUSHIONS
SIZES SB-BC-10: 3.94" diameter
SB-BC-16: 6.3" diameter
SB-BC-21: 8.27" diameter
SB-BC-26: 10.24" diameter
FEATURES Filled with buckwheat;
Transferring vibrations while playing

9 ZEN SINGING BOWL SETS
SIZES 2.8"; 3.5"; 3.9" diameter
~170 g; ~260 g; ~340 g
MATERIAL Special cast alloy
FEATURES High and clear tone; Perfect for meditation
INCLUDES Cloth bags; Mallet
SBZ1: Felt coasters

10 ORNAMENTAL SINGING BOWLS
DIMENSIONS SB-OR-300: ~3.74" diameter; ~300 g
SB-OR-400: ~4.13" diameter; ~400 g
MATERIAL Special cast alloy
FEATURES Hand-painted ornamental design;
Great gift idea
SB-OR-300: Consistently warm,
high-pitched sound
SB-OR-400: Consistently warm,
low-pitched sound
INCLUDES Corresponding mallet and coaster
BK: Black gift box
R: Red gift box

11 OM SINGING BOWL
DIMENSIONS ~4.33" diameter; ~300 g
MATERIAL Special cast alloy
FEATURES Consistently warm, low-pitched sound;
Hand-painted Om design; Great gift idea
INCLUDES Corresponding mallet, ring and gift box

SOUNDSCAPE GONGS

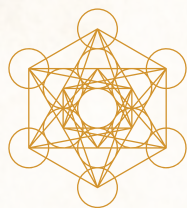
In the serene Franconian landscape, a ripple begins across still lakes, growing as it moves through the quiet hills. The air thickens with energy, and soon, the valleys hum in harmony with the earth. This is the sound of our Soundscape Gongs – deep, resonant, and alive – awakening the senses and filling the space with a calming yet powerful presence.

Sonic Energy Soundscape Gongs are meticulously crafted in Gutenstetten, Germany, producing a rich, complex soundscape that comes to life with even the gentlest touch.

The design also includes an easily playable edge, providing enough space for the mallet to strike. With a polished surface, these gongs not only sound impressive but also have a luxurious shine. Adorning this gleaming surface are detailed symbols, each carrying its own meaning and enhancing the visual appeal of the gong.



The Flower of Life represents the origin of all things through sacred geometry. The collaboration of numbers, shapes, and vibration belongs to the oldest myths of mankind. It is the strive to connect with our origin and to understand ourselves.



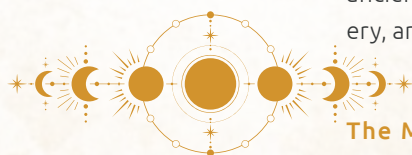
Metatron's Cube represents the flow of energy and the harmony of geometric patterns in the universe. It embodies balance, creation, and the interconnectedness of all things. This ancient symbol is believed to hold the key to understanding the structure of the cosmos and the unity between the physical and spiritual realms.



The Om Lotus symbolizes the union of spirituality and enlightenment. The lotus flower, rising from the mud to bloom beautifully, represents purity and spiritual growth, while the Om sound signifies the essence of the universe. Together, they embody the journey towards self-realization, inner peace, and the connection to the divine.



The Spiral symbolizes growth, evolution, and the journey of life. Through its ever-expanding form, it represents the continuous cycle of development and transformation. This ancient symbol reflects the quest for knowledge, self-discovery, and our connection to the universe.



The Moon Phases symbolize the cycles of change and renewal in life. As the moon transitions from new to full and back again, it reflects the ebb and flow of our experiences and emotions. This ancient symbol embodies the rhythm of nature, reminding us of the constant process of growth, transformation, and the passage of time.



The Solar System represents the intricate dance of celestial bodies, each orbiting around the sun. This cosmic arrangement symbolizes balance and harmony. It reflects humanity's quest to understand our place in the universe and the relationships between the planets, stars, and the greater cosmos.

1



NEW

Flower of Life, 22" / 55 cm
SGFOL22



NEW

Metatron's Cube, 22" / 55 cm
SGMC22



NEW

Om Lotus, 22" / 55 cm
SGOML22



NEW

Spiral, 22" / 55 cm
SGSP22



NEW

Moon Phases, 22" / 55 cm
SGMP22



NEW

Solar System, 22" / 55 cm
SGSOLS22



GONGS

Notice: Each Sonic Energy Gong is unique, variations in hammer patterns and coloration from the heating process may occur.

1 SOUNSCAPE GONGS

- SIZE** 22" / 55 cm
- MATERIAL** Nickelsilver
- FEATURES** Made in Gutenstetten, Germany
Rich, dynamic soundscape
Polished surface for a luxurious shine
Easily playable edge
High-quality engraved symbol
- INCLUDES** Travel bag, Gong Handle (G-HANDLE) and gloves
- SYMBOLS** **SGFOL22:** Flower of Life
SGMC22: Metatron's Cube
SGMP22: Moon Phases
SGOML22: Om Lotus
SGSOLS22: Solar System
SGSP22: Spiral



GONGS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



24" / 60 cm
G24CC7

24" / 60 cm
G24BC6

32" / 80 cm
G32TC5

36" / 90 cm
G36HC4

36" / 90 cm
G36NC3

24" / 60 cm
G24SC2

24" / 60 cm
G24RC1

2



24" / 60 cm
G24OM

32" / 80 cm
G32OM

36" / 90 cm
G36OM

3

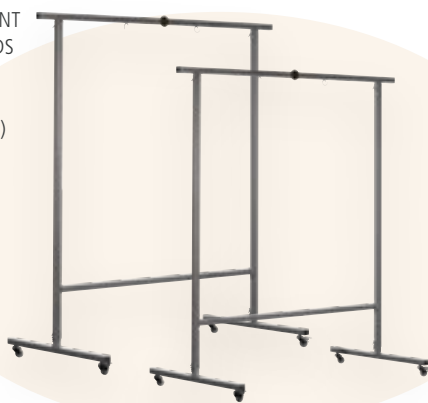


40" / 100 cm
TT40

50" / 125 cm
TT50

60" / 150 cm
TT60

FRAMED GIANT GONG STANDS FOR GONGS UP TO 60" (SEE PAGE 37)



TMGS-5

TMGS-4

1 CHAKRA GONGS

SIZES **G24**: 24" / 60 cm
G32: 32" / 80 cm
G36: 36" / 90 cm

MATERIAL Nickelsilver

TUNING **G24CC7**: Crown Chakra, 172.06 Hz (audible: 86.03 Hz ≈ F2)
G24BC6: Brow Chakra, 221.23 Hz (audible: 110.62 Hz ≈ A2)
G32TC5: Throat Chakra, 141.27 Hz (audible: 70.64 Hz ≈ C#2)
G36HC4: Heart Chakra, 136.10 Hz (audible: 68.05 Hz ≈ C#2)
G36NC3: Solar Plexus Chakra, 126.22 Hz (audible: 63.11 Hz ≈ B1) (A4/a' 440 Hz » 449.80 Hz)
G24SC2: Sacral Chakra, 210.42 Hz (audible: 105.21 Hz ≈ G#2)
G24RC1: Root Chakra, 194.18 Hz (audible: 97.09 Hz ≈ G2)

FEATURES Handcrafted masterpiece made in Germany
Deep, warm sound characteristic
Sandblasted chakra symbol

INCLUDES Cover and gloves

2 OM GONGS

SIZES **G24OM**: 24" / 60 cm
G32OM: 32" / 80 cm
G36OM: 36" / 90 cm

MATERIAL Nickelsilver

TUNING 136.10 Hz / C#2 (audible 68.05 Hz ≈ C#2)

FEATURE Handcrafted masterpiece made in Germany

INCLUDES Cover and gloves

3 GIANT TAM TAMS

SIZES **TT40**: 40" / 100 cm
TT50: 50" / 125 cm
TT60: 60" / 150 cm

MATERIAL Nickelsilver

TUNING **TT40**: G#1 - A1
TT50: F1 - F#1
TT60: D1 - E1

FEATURES Handcrafted masterpiece made in Germany
Deep, warm sound character with multi-layered overtones

INCLUDES **TT40**: Cover and gloves
TT50, TT60: Gloves

4 DON CONREAUX EIGHT CORNERS OF HEAVEN MIRROR GONG

SIZE 32" / 80 cm

MATERIAL Nickelsilver

TUNING D2 - D#2

FEATURES Handcrafted masterpiece made in Germany
The eight runic glyphs represent the cycle of life

Mirror surface allows player to see himself, listeners or other gong players

INCLUDES Cover and gloves

4 DON CONREAUX
SIGNATURE GONG



32" / 80 cm
G32-DC-B

5 DESIGNED IN COOPERATION
WITH JENS ZYGAR



24" / 60 cm
G24-FOL

36" / 90 cm
G36-FOL

6 BASED ON THE CALCULATIONS OF
HANS COUSTO (THE COSMIC OCTAVE)



Sidereal Moon,
24" / 60 cm
G24-M-SI

Venus,
24" / 60 cm
G24-V

Neptune,
24" / 60 cm
G24-N

Synodic Moon,
24" / 60 cm
G24-M-SY

Uranus,
24" / 60 cm
G24-U

Sidereal Day,
28" / 70 cm
G28-E-SI

Jupiter,
28" / 70 cm
G28-J

Sedna,
28" / 70 cm
G28-SE



Chiron,
28" / 70 cm
G28-CH

Platonic Year,
28" / 70 cm
G28-E-PL

Saturn,
32" / 80 cm
G32-SA

Mars,
32" / 80 cm
G32-MA

Mercury,
32" / 80 cm
G32-ME

Earth Year/Om,
36" / 90 cm
G36-E

Sun,
36" / 90 cm
G36-S

5 FLOWER OF LIFE GONGS

SIZES **G24-FOL:** 24" / 60 cm
G36-FOL: 36" / 90 cm

MATERIAL Nickelsilver

TUNING **G24-FOL:** 128 Hz = C3

G36-FOL: 128 Hz (audible 64 Hz = C2)

FEATURE Handcrafted masterpiece made in Germany

INCLUDES Cover and gloves

6 PLANETARY TUNED GONGS

SIZES **G24:** 24" / 60 cm
G28: 28" / 70 cm
G32: 32" / 80 cm
G36: 36" / 90 cm

MATERIAL Nickelsilver

TUNING

CH: Chiron, 172.86 Hz
(audible: 86.43 Hz ≈ F2)

E: Earth Year / Om, 136.10 Hz
(audible: 68.05 Hz ≈ C#2)

E-PL: Platonic Year, 172.06 Hz
(audible: 86.03 Hz ≈ F2)

E-SI: Sidereal Day, 194.71 Hz
(audible: 97.36 Hz ≈ G2)

J: Jupiter, 183.58 Hz
(audible: 91.79 Hz ≈ F#2)

M-SI: Sidereal Moon, 227.43 Hz
(audible: 113.72 Hz ≈ A#2)

M-SY: Synodic Moon, 210.42 Hz
(audible: 105.21 Hz ≈ G#2)

MA: Mars, 144.72 Hz
(audible: 72.36 Hz ≈ D2)

ME: Mercury, 141.27 Hz
(audible: 70.64 Hz ≈ C#2)

N: Neptune, 211.44 Hz
(audible: 105.72 Hz ≈ G#2)

S: Sun, 126.22 Hz
(audible: 63.11 Hz ≈ B1)

SA: Saturn, 147.85 Hz
(audible: 73.93 Hz ≈ D2)

SE: Sedna, 181.60 Hz
(audible: 90.80 Hz ≈ F#2)

U: Uranus, 207.36 Hz
(audible: 103.68 Hz ≈ G#2)

V: Venus, 221.23 Hz
(audible: 110.62 Hz ≈ A2)

FEATURE Handcrafted masterpiece made in Germany

INCLUDES Cover and gloves

GONGS

1



20" / 50 cm **CHYY20** 22" / 55 cm **CHYY22** 24" / 60 cm **CHYY24** 28" / 70 cm **CHYY28** 32" / 80 cm **CHYY32**

2



20" / 50 cm **CH-TT20** 22" / 55 cm **CH-TT22** 24" / 60 cm **CH-TT24** 28" / 70 cm **CH-TT28** 30" / 75 cm **CH-TT30**



32" / 80 cm **CH-TT32** 34" / 85 cm **CH-TT34** 36" / 90 cm **CH-TT36** 38" / 95 cm **CH-TT38** 40" / 100 cm **CH-TT40** 44" / 110 cm **CH-TT44** 48" / 120 cm **CH-TT48**

3



12" / 30 cm **WGY12** 14" / 35 cm **WGY14** 16" / 40 cm **WGY16** 18" / 45 cm **WGY18** 20" / 50 cm **WGY20** 22" / 55 cm **WGY22** 24" / 60 cm **WGY24** 28" / 70 cm **WGY28** 30" / 75 cm **WGY30** 32" / 80 cm **WGY32**

1 CHAU TAM TAMS YIN & YANG

SIZES **CHYY20**: 20" / 50 cm
CHYY22: 22" / 55 cm
CHYY24: 24" / 60 cm
CHYY28: 28" / 70 cm
CHYY32: 32" / 80 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
 Large sound characteristics
 Blends well with other instruments

INCLUDES Beater and cover

SYMBOL Yin & Yang

2 CHAU TAM TAMS

SIZES **CH-TT20**: 20" / 50 cm
CH-TT22: 22" / 55 cm
CH-TT24: 24" / 60 cm
CH-TT28: 28" / 70 cm
CH-TT30: 30" / 75 cm
CH-TT32: 32" / 80 cm
CH-TT34: 34" / 85 cm
CH-TT36: 36" / 90 cm
CH-TT38: 38" / 95 cm
CH-TT40: 40" / 100 cm
CH-TT44: 44" / 110 cm
CH-TT48: 48" / 120 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
 Large sound characteristics
 Blends well with other instruments
 Printed logo and size info on the front

INCLUDES Beater and cover

3 WIND GONGS YIN & YANG

SIZES **WGY12**: 12" / 30 cm
WGY14: 14" / 35 cm
WGY16: 16" / 40 cm
WGY18: 18" / 45 cm
WGY20: 20" / 50 cm
WGY22: 22" / 55 cm
WGY24: 24" / 60 cm
WGY28: 28" / 70 cm
WGY30: 30" / 75 cm
WGY32: 32" / 80 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
 Mainly low-pitched sound
 Wave-like overtones

INCLUDES Beater and cover

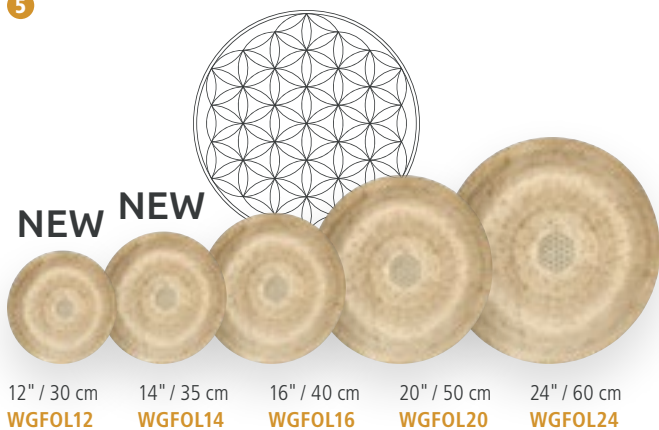
SYMBOL Yin & Yang

4



12" / 30 cm **WGK12** 14" / 35 cm **WGK14** 16" / 40 cm **WGK16** 18" / 45 cm **WGK18** 20" / 50 cm **WGK20** 22" / 55 cm **WGK22** 24" / 60 cm **WGK24** 28" / 70 cm **WGK28** 30" / 75 cm **WGK30** 32" / 80 cm **WGK32**

5



12" / 30 cm **WGFOL12** 14" / 35 cm **WGFOL14** 16" / 40 cm **WGFOL16** 20" / 50 cm **WGFOL20** 24" / 60 cm **WGFOL24**

6



12" / 30 cm **WG-TT12** 14" / 35 cm **WG-TT14** 16" / 40 cm **WG-TT16** 18" / 45 cm **WG-TT18** 20" / 50 cm **WG-TT20**



22" / 55 cm **WG-TT22** 24" / 60 cm **WG-TT24** 28" / 70 cm **WG-TT28** 30" / 75 cm **WG-TT30** 32" / 80 cm **WG-TT32** 36" / 90 cm **WG-TT36** 40" / 100 cm **WG-TT40** 44" / 110 cm **WG-TT44** 48" / 120 cm **WG-TT48**

4 WIND GONGS KUN

SIZES **WGK12:** 12" / 30 cm
WGK14: 14" / 35 cm
WGK16: 16" / 40 cm
WGK18: 18" / 45 cm
WGK20: 20" / 50 cm
WGK22: 22" / 55 cm
WGK24: 24" / 60 cm
WGK28: 28" / 70 cm
WGK30: 30" / 75 cm
WGK32: 32" / 80 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Mainly low-pitched sound
Wave-like overtones

INCLUDES Beater and cover

SYMBOL Kun

5 WIND GONGS FLOWER OF LIFE

SIZES **WGFOL12:** 12" / 30 cm
WGFOL14: 14" / 35 cm
WGFOL16: 16" / 40 cm
WGFOL20: 20" / 50 cm
WGFOL24: 24" / 60 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Mainly low-pitched sound
Wave-like overtones

INCLUDES Beater
WGFOL20, WGFOL24: Cover

SYMBOL Flower of Life

6 WIND GONGS

SIZES **WG-TT12:** 12" / 30 cm
WG-TT14: 14" / 35 cm
WG-TT16: 16" / 40 cm
WG-TT18: 18" / 45 cm
WG-TT20: 20" / 50 cm

WG-TT22: 22" / 55 cm
WG-TT24: 24" / 60 cm
WG-TT28: 28" / 70 cm
WG-TT30: 30" / 75 cm
WG-TT32: 32" / 80 cm
WG-TT36: 36" / 90 cm
WG-TT40: 40" / 100 cm
WG-TT44: 44" / 110 cm
WG-TT48: 48" / 120 cm

MATERIAL Special bronze alloy

FEATURES Handcrafted masterpiece made in China
Mainly low-pitched sound
Wave-like overtones
Printed logo and size info on the front

INCLUDES **WG-TT12 - WG-TT18:** Beater
WG-TT20 - WG-TT40: Beater and cover
WG-TT44 - WG-TT48: Beater

GONGS & GONG STANDS

1 NEW



BEATER INCLUDED



16" / 40 cm
THG16

18" / 45 cm
THG18

20" / 50 cm
THG20

22" / 55 cm
THG22

2



12" / 30 cm
OG-12

3



12" / 30 cm
WG-12

14.5" / 37 cm
WG-145

4



12.5" / 31.5 cm
TG-125

13" / 33 cm
TG-13

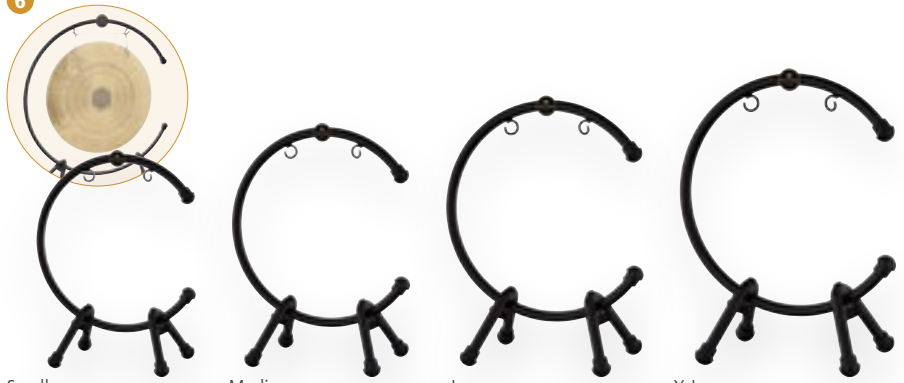
14" / 35 cm
TG-14

5



22" / 55 cm
IG1

6



Small
TMTGS-S

Medium
TMTGS-M

Large
TMTGS-L

X-Large
TMTGS-XL

1 THAI GONGS

SIZES THG16: 16" / 40 cm
THG18: 18" / 45 cm
THG20: 20" / 50 cm
THG22: 22" / 55 cm

MATERIAL Special bronze alloy
FEATURES Handcrafted masterpiece from Thailand; Deep, resonant tones; Playable on stand or in hand; Beater crafted from upcycled Buddhist monk robes

INCLUDES Beater

2 OPERA GONG

SIZE 12" / 30 cm
MATERIAL Special bronze alloy
FEATURES Handcrafted masterpiece made in China; Descending pitch; Audible glissando effect with very short sustain
INCLUDES Beater

3 WHITE GONGS

SIZES WG-12: 12" / 30 cm
WG-145: 14.5" / 37 cm

MATERIAL Special bronze alloy
FEATURES Handcrafted masterpiece made in China; Powerful and splashy clear sound; Flat profile with bended rim
INCLUDES Beater

4 TIGER GONGS

SIZES TG-125: 12.5" / 31.5 cm
TG-13: 13" / 33 cm
TG-14: 14" / 35 cm

MATERIAL Special bronze alloy
FEATURES Handcrafted masterpiece made in China; Splashy sound; Pronounced bent-out shape
INCLUDES Beater

5 INDIAN PREMIUM WIND GONG

SIZE 22" / 55 cm

MATERIAL Special bronze alloy
FEATURES Handcrafted masterpiece made in India; Mainly low-pitched sound; Wave-like overtones; Hand engraved mantra
INCLUDES Table Gong Stand (TMTGS-L)

6 TABLE GONG STANDS

SIZES S: Small; Up to 13" gong size
M: Medium; Up to 15" gong size
L: Large; Up to 22" gong size
XL: X-Large; Up to 26" gong size

MATERIAL Black powder-coated steel
FEATURES Stable base for your gong; Provides a firm grip on any surface

7 GONG STAND

SIZE Up to 32" gong size
MATERIAL Black powder-coated steel
FEATURE Height-adjustable with locking system
INCLUDES Hex key



TMGS



TMGS-2



TMGS-2-G



Set
TMGS-W



TMGS-3



TMGS-3-G

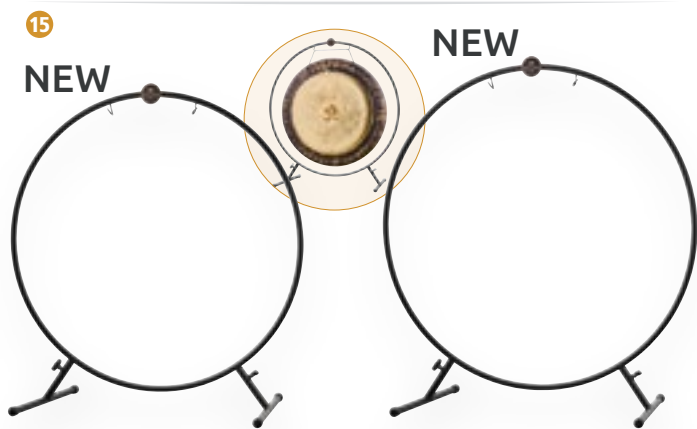


TMGS-5

TMGS-4



TMGWM



TMRGS1

TMRGS2



Medium
TMWGS-M

Large
TMWGS-L

8 PRO GONG STAND

SIZE Up to 40" gong size
MATERIAL Black powder-coated steel
FEATURES Stable double-brace at the base; Height-adjustable with locking system
INCLUDES Hex key

9 GONG HOLDER

SIZE Upper gong size up to 32"
Lower gong size up to 40"
MATERIAL Black powder-coated steel
FEATURE For Pro Gong Stand only
INCLUDES Hex key

10 WHEELS FOR GONG STANDS

FEATURES For TMGS, TMGS-2 and TMGS-3 Gong Stands; Set of four; For ease of mobility

11 FRAMED GONG STAND

SIZE Up to 40" gong size
MATERIAL Black powder-coated steel
FEATURES Especially for bigger sized gongs; Height-adjustable with locking system
INCLUDES Hex key

12 FRAMED GONG HOLDER

SIZE Upper gong size up to 38"
Lower gong size up to 40"
MATERIAL Black powder-coated steel
FEATURE For Framed Gong Stand only
INCLUDES Hex key

13 FRAMED GIANT GONG STANDS

SIZES **TMGS-4:** Up to 50" gong size
TMGS-5: Up to 60" gong size
MATERIAL Anthracite powder coated steel
FEATURES Stable base for large gongs; Easy to roll
INCLUDES Sturdy wheels

14 GONG WALL MOUNT

SIZE Up to 40" gong size
MATERIAL Black powder-coated steel
FEATURE Space-saving
INCLUDES Screws and dowels

15 ROUND GONG STANDS

SIZES **TMRGS1:** Up to 32" gong size
TMRGS2: Up to 36" gong size
MATERIAL Black powder-coated steel
FEATURES Stable base for your gong; Provides a firm grip on any surface

16 WOOD GONG STANDS

SIZES **M:** Medium; Up to 34" gong size
L: Large; Up to 40" gong size
MATERIAL Beech wood

GONG MALLETS & BEATERS



1 GONG MALLETS

DIMENSIONS **MGM-S:** Small (11.81" x 2.76" x 2.76"); 138 g; For gongs from 20" to 80"
MGM-M: Medium (13.58" x 3.15" x 3.15"); 222 g; For gongs from 22" to 80"
MGM-L: Large (15.55" x 3.94" x 3.94"); 374 g; For gongs from 24" to 80"

MATERIALS Beech wood; Synthetic fleece

FEATURE May be used also as a pair

COLOURS **C:** Chai
L: Lavender
PG: Pure Green
R: Rose
SP: Sea Petrol
ST: Sweet Tangerine

2 GONG RESONANT MALLET

SIZES **G-RM-20:** 0.8"
G-RM-25: 1.0"
G-RM-30: 1.2"
G-RM-40: 1.6"
G-RM-50: 2.0"

MATERIAL Specially treated rubber ball

FEATURES Produces a gentle effect of the high and deepest low tones
 Explore therapeutic and atmospheric sounds with these mallets

3 GONG RESONANT MALLET SET

CONTAINS G-RM-20, G-RM-25, G-RM-30, G-RM-40, G-RM-50

4 GONG BEATERS

DIMENSIONS **MGB-S:** Small; +/- 220 g; For gongs up to 28"
MGB-L: Large; +/- 350 g; For gongs up to 40"

MATERIALS Coloured beech wood; Synthetic fleece

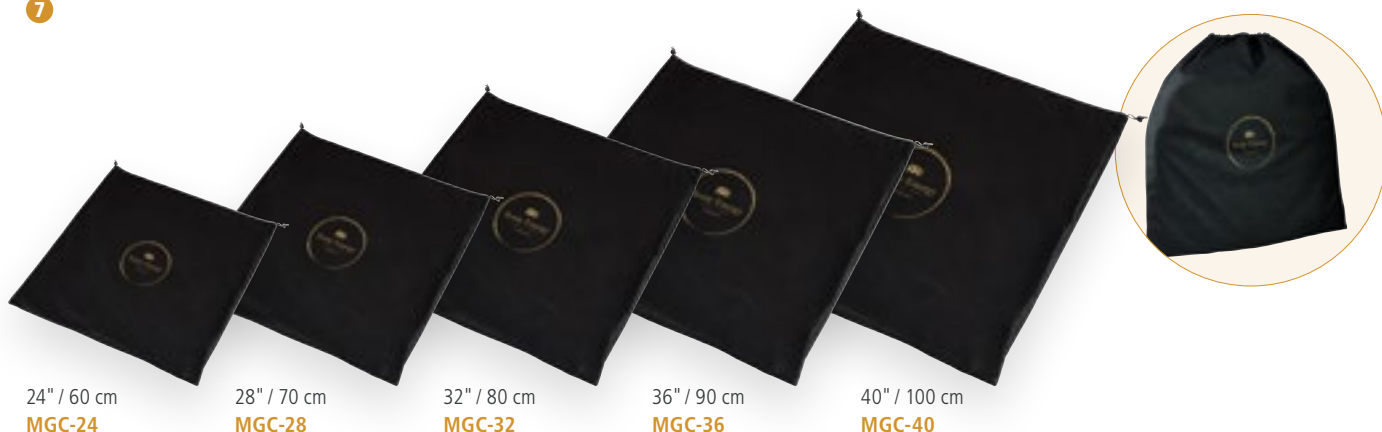
FEATURES To create a wide range of dynamics
 Heat-branded logo
MGB-S: Also perfect for singing bowls from 1,000 grams

5 TAM TAM BEATERS

DIMENSIONS **MTTB-24:** +/- 250 g; For 24" tam tams
MTTB-28: +/- 500 g; For 28" tam tams
MTTB-32: +/- 600 g; For 32" tam tams
MTTB-36: +/- 700 g; For 36" tam tams
MTTB-40: +/- 800 g; For 40" tam tams

MATERIALS Beech wood; Cotton plush; Sheep wool

7



24" / 60 cm
MGC-24

28" / 70 cm
MGC-28

32" / 80 cm
MGC-32

36" / 90 cm
MGC-36

40" / 100 cm
MGC-40

8



24" / 60 cm
MGB-24

28" / 70 cm
MGB-28

32" / 80 cm
MGB-32

36" / 90 cm
MGB-36

38" / 95 cm
MGB-38

40" / 100 cm
MGB-40



9



G-HANDLE

11



MGP

10



GC-2428

GC-32

GC-3640

6 GONG & SINGING BOWL MALLETS

DIMENSIONS **MGM1:** 14.5" x 2.6"
For gongs from 20" to 80"
MGM2: 14.5" x 3.2"
For gongs from 22" to 80"
MGM1, MGM2:
For singing bowls from 1,000 grams

MATERIALS Maple; Synthetic fleece

FEATURES Hard synthetic core with soft synthetic fleece coating
For powerful and precise playing
Wrist strap

7 GONG COVERS

SIZES **MGC-24:** For 24" gongs
MGC-28: For 28" gongs
MGC-32: For 32" gongs
MGC-36: For 36" gongs
MGC-40: For 40" gongs

MATERIALS Inner material velvet;
Outer material polyester

FEATURE Protects against dust and fingerprints

8 GONG BAGS

SIZES **MGB-24:** For 24" gongs
MGB-28: For 28" gongs
MGB-32: For 32" gongs
MGB-36: For 36" gongs
MGB-38: For 38" gongs
MGB-40: For 40" gongs

MATERIALS Inner material velvet;
Outer material durable synthetic fleece

FEATURE Protects during transportation

9 GONG HANDLE

MATERIAL Beech wood

FEATURE For comfortable holding a gong

10 GONG CORDS

SIZES **GC-2428:** For gongs from 24" to 28"
GC-32: For 32" gongs
GC-3640: For gongs from 36" to 40"

11 GONG POLISH

SIZE 250 ml

FEATURE For polishing the surface of a gong

Working with

TUNING FORKS

Tuning Fork Therapy is a gentle yet effective method for harmonizing the body and mind, promoting inner balance and well-being. By transmitting pure frequencies to specific points on the body, this therapy helps relieve muscle tension, engage the nervous system, and work with subtle energies to facilitate deep relaxation and restoration. Its lasting benefits address both physical and energetic imbalances, contributing to sustained well-being.

Tuning forks are used across several holistic healing systems. In **Traditional Chinese Medicine (TCM)**, they are applied to acupuncture points to stimulate the flow of Qi through the meridians, aligning with the Five Elements for physical and emotional harmony. In **Acupuncture or Meridian Therapy**, tuning forks offer a non-invasive alternative to needles, enhancing energy flow and clearing blockages. In **Sound Healing**, specific frequencies restore the body's natural vibrations, supporting overall balance. **Biofield Tuning** targets the body's electromagnetic field, using tuning forks around the body to clear energetic disturbances.



Learn more
about it

Balancing the Chakras

In the **Yogic Chakra System**, tuning forks balance the energy of the seven chakras, each of which is connected to a specific theme, color, symbol, and frequency. By combining the vibrations of the corresponding tuning fork with focused intention, one can help restore harmony, improve energy flow, and promote healing.

Tuning Fork Chakra Sets see page 43 and 45



Crown Chakra

Spirituality & universal consciousness
Platonic Year • 172.06 Hz

I am present in every moment



Brow Chakra

Intuition & mental power
Venus • 221.23 Hz

I open myself to my inner wisdom



Throat Chakra

Communication & openness
Mercury • 141.27 Hz

I speak my truth



Heart Chakra

Love & devotion
Earth • 136.10 Hz

I offer compassion to myself and others



Solar Plexus Chakra

Willpower & courage
Sun • 126.22 Hz

I trust my power and strength



Sacral Chakra

Sensuality & creativity
Synodic Moon • 210.42 Hz

I enjoy life with all my senses



Root Chakra

Primal trust & stability
Synodic Day • 194.18 Hz

I feel connected to the Earth

Elevate Tuning Fork Treatments with Vibration Feet

The Meinl Sonic Energy Tuning Fork Vibration Feet enhance the effects of tuning forks by increasing the contact area with the surface, amplifying the vibrations. With their ability to treat not only specific points but larger areas, they have found their place in various fields such as massage, cosmetics, and therapy.

Tuning Fork Vibration Feet see page 48



Tuning Fork Therapy for Pets: Harnessing Frequency for Wellness and Balance

Not only do humans benefit from the healing power of frequency work with tuning forks, but our four-legged companions and pets can also experience increased well-being and balance through this method. Animals, with their natural sensitivity and intuition, are especially receptive to these techniques. Since they often perceive stimuli far more intensely than we do, it's important to always use the vibrational feet when working with tuning forks to ensure their comfort. Animals will intuitively show whether the chosen frequency is working for them, making it easier to adjust and find the most beneficial vibration. While you can start on your own to see how your pet reacts, it's recommended to seek guidance from a professionally trained animal healer specialized in Tuning Fork Therapy when addressing more significant issues.

TUNING FORKS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



1 PLANETARY TUNED TUNING FORKS

SIZES	TF-CH: 7.3"	TF-ME: 7.9"
	TF-E: 8.0"	TF-N: 6.9"
	TF-E-GEO: 7.7"	TF-PL: 8.0"
	TF-E-HY: 7.6"	TF-S: 8.3"
	TF-E-PL: 7.4"	TF-SA: 7.8"
	TF-E-SI: 7.1"	TF-SE: 7.2"
	TF-E-SY: 7.1"	TF-SF: 6.5"
	TF-ER: 7.7"	TF-U: 6.9"
	TF-FOL: 8.3"	TF-V: 6.8"
	TF-J: 7.2"	TF-256: 6.4"
	TF-M-AR: 6.5"	
	TF-M-CU: 7.1"	
	TF-M-K: 6.6"	
	TF-M-L: 8.3"	
	TF-M-MC: 6.6"	
	TF-M-SI: 6.7"	
	TF-M-SP: 6.5"	
	TF-M-SY: 6.9"	
	TF-MA: 7.8"	

MATERIAL	Premium nickel-plated steel; Cork
TUNING	CH: Chiron, 172.86 Hz ≈ F3
	E: Earth Year/Om, 136.10 Hz ≈ C#3
	E-GEO: Geomagnetic Field, 149.74 Hz ≈ D#3
	E-HY: Hydrogen Gamma, 157.04 Hz ≈ D#3
	E-PL: Platonic Year, 172.06 Hz ≈ F3
	E-SI: Sidereal Day, 194.71 Hz ≈ G3
	E-SY: Synodic Day, 194.18 Hz ≈ G3
	ER: Eros, 154.66 Hz ≈ D#3
	FOL: Flower of Life, 128.00 Hz = C3
	J: Jupiter, 183.58 Hz ≈ F#3
	M-AR: Apsidis' Rotation, 246.04 Hz ≈ B3
	M-CU: Culmination Cycle, 187.61 Hz ≈ F#3
	M-K: Moon Knot, 234.16 Hz ≈ A#3
	M-L: Lilith, 123.02 Hz ≈ B2
	M-MC: Metonic Cycle, 229.22 Hz ≈ A#3

	M-SI: Sidereal Moon, 227.43 Hz ≈ A#3
	M-SP: Saros' Period, 241.56 Hz ≈ B3
	M-SY: Synodic Moon, 210.42 Hz ≈ G#3
	MA: Mars, 144.72 Hz ≈ D3
	ME: Mercury, 141.27 Hz ≈ C#3
	N: Neptune, 211.44 Hz ≈ G#3
	PL: Pluto, 140.64 Hz ≈ C#3
	S: Sun, 126.22 Hz ≈ B2
	SA: Saturn, 147.85 Hz ≈ D3
	SE: Sedna, 181.60 Hz ≈ F#3
	SF: Schumann Resonance, 250.56 Hz ≈ B3
	U: Uranus, 207.36 Hz ≈ G#3
	V: Venus, 221.23 Hz ≈ A3
	256: Master Fork 2, 256.00 Hz = C4

INCLUDES Cotton bag

2



Natural Pitch
TF-432 Standard Pitch
TF-440

3



Set, 21 pcs.
TF-DISPLAY

4



Set, 2 pcs.
TF-SET-2

5



Set, 7 pcs.
TF-SET-CHA-7



Set, 7 pcs.
TF-SET-CHA-7C



Set, 7 pcs.
TF-SET-CHA-R

NEW

6



Set, 16 pcs.
TF-SET-16

7



Set, 27 pcs.
TF-SET-27

TUNING FORKS

2 NATURAL PITCH TUNING FORK & STANDARD PITCH TUNING FORK

SIZE 5.4"
MATERIAL Premium nickel-plated steel; Cork
TUNING **TF-432:** 432 Hz (Natural Pitch)
TF-440: 440 Hz (Standard Pitch)
INCLUDES Cotton bag

3 TUNING FORK CHAKRA DISPLAY SET

CONTAINS 3 pcs. each: TF-E-PL (Crown Chakra), TF-V (Brow Chakra), TF-ME (Throat Chakra), TF-E (Heart Chakra), TF-S (Solar Plexus Chakra), TF-M-SY (Sacral Chakra), TF-E-SY (Root Chakra)
INCLUDES Wood Display
21 x cotton bag

4 TUNING FORK DAY AND NIGHT SET

CONTAINS TF-E, TF-E-SY
INCLUDES Tuning Fork Holder (TF-HOLDER-2)
2 x cotton bag

5 TUNING FORK CHAKRA SETS

CONTAINS TF-E-PL (Crown Chakra), TF-V (Brow Chakra), TF-ME (Throat Chakra), TF-E (Heart Chakra), TF-S (Solar Plexus Chakra), TF-M-SY (Sacral Chakra), TF-E-SY (Root Chakra)
INCLUDES 7 x cotton bag
TF-SET-CHA-7: Tuning Fork Holder (TF-HOLDER-7)
TF-SET-CHA-7C: Tuning Fork Case (TFC-8)
TF-SET-CHA-R: Tuning Fork Rollup Bag (TF-CB)
Tuning Fork Vibration Foot (VF-FS)
Mallet (SB-PM-SR-S)

6 TUNING FORK SET, 16 PCS.

CONTAINS TF-CH, TF-E, TF-E-PL, TF-E-SI, TF-E-SY, TF-J, TF-M-SI, TF-M-SY, TF-MA, TF-ME, TF-N, TF-S, TF-SA, TF-SE, TF-U, TF-V
INCLUDES Tuning Fork Holder (TF-HOLDER-16)
16 x cotton bag

7 TUNING FORK SET, 27 PCS.

CONTAINS TF-CH, TF-E, TF-E-GEO, TF-E-HY, TF-E-PL, TF-E-SI, TF-E-SY, TF-FOL, TF-FJ, TF-M-AR, TF-M-CU, TF-M-K, TF-M-MC, TF-M-SI, TF-M-SP, TF-M-SY, TF-MA, TF-ME, TF-N, TF-PL, TF-S, TF-SA, TF-SE, TF-SF, TF-U, TF-V, TF-256
INCLUDES Tuning Fork Holder (TF-HOLDER-27)
27 x cotton bag

THERAPY TUNING FORKS

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



1 PLANETARY TUNED THERAPY TUNING FORKS

SIZES	TTF-CH: 8.9"	TTF-ME: 9.4"
	TTF-E: 9.6"	TTF-N: 8.3"
	TTF-E-GEO: 9.3"	TTF-PL: 9.4"
	TTF-E-HY: 9.1"	TTF-S: 9.8"
	TTF-E-PL: 8.9"	TTF-SA: 9.3"
	TTF-E-SI: 8.5"	TTF-SE: 8.7"
	TTF-E-SY: 8.5"	TTF-SF: 7.8"
	TTF-ER: 9.1"	TTF-U: 8.3"
	TTF-J: 8.7"	TTF-V: 8.1"
	TTF-M-AR: 7.9"	TTF-128: 9.8"
	TTF-M-CU: 8.6"	TTF-256: 7.8"
	TTF-M-K: 8.0"	
	TTF-M-L: 9.9"	
	TTF-M-MC: 8.1"	
	TTF-M-SI: 8.1"	
	TTF-M-SP: 7.9"	
	TTF-M-SY: 8.3"	
	TTF-MA: 9.4"	

MATERIAL TUNING	Premium nickel-plated steel; Cork
CH:	Chiron, 172.86 Hz ≈ F3
E:	Earth Year/Om, 136.10 Hz ≈ C#3
E-GEO:	Geomagnetic Field, 149.74 Hz ≈ D#3
E-HY:	Hydrogen Gamma, 157.04 Hz ≈ D#3
E-PL:	Platonic Year, 172.06 Hz ≈ F3
E-SI:	Sidereal Day, 194.71 Hz ≈ G3
E-SY:	Synodic Day, 194.18 Hz ≈ G3
ER:	Eros, 154.66 Hz ≈ D#3
J:	Jupiter, 183.58 Hz ≈ F#3
M-AR:	Apsidis' Rotation, 246.04 Hz ≈ E3
M-CU:	Culmination Cycle, 187.61 Hz ≈ F#3
M-K:	Moon Knot, 234.16 Hz ≈ A#3
M-L:	Lilith, 123.02 Hz ≈ B2
M-MC:	Metonic Cycle, 229.22 Hz ≈ A#3
M-SI:	Sidereal Moon, 227.43 Hz ≈ A#3
M-SP:	Saros' Period, 241.56 Hz ≈ B3
M-SY:	Synodic Moon, 210.42 Hz ≈ G#3
MA:	Mars, 144.72 Hz ≈ D3

ME:	Mercury, 141.27 Hz ≈ C#3
N:	Neptune, 211.44 Hz ≈ G#3
PL:	Pluto, 140.64 Hz ≈ C#3
S:	Sun, 126.22 Hz ≈ B2
SA:	Saturn, 147.85 Hz ≈ D3
SE:	Sedna, 181.60 Hz ≈ F#3
SF:	Schumann Resonance, 250.56 Hz ≈ B3
U:	Uranus, 207.36 Hz ≈ G#3
V:	Venus, 221.23 Hz ≈ A3
128:	Master Fork, 128.00 Hz = C3
256:	Master Fork 2, 256.00 Hz = C4
FEATURES	Handcrafted masterpiece made in Germany Ergonomic shaped cork handle Engraved logo and tuning info
INCLUDES	Cotton bag

2



Natural Pitch
TTF-432 Standard Pitch
TTF-440

TUNING FORK VIBRATION FEET
(SEE PAGE 48)



VF-FS VF-RL VF-RM VF-RS

PROFESSIONAL Mallet PERFECT
FOR PLAYING TUNING FORKS
(SEE PAGE 28)



SB-PM-SR-S

3



Set, 2 pcs.
TTF-SET-2

4



Set, 7 pcs.
TTF-SET-CHA-7

NEW



Set, 7 pcs.
TTF-SET-CHA-R

5



Set, 16 pcs.
TTF-SET-16

6



Set, 27 pcs.
TTF-SET-27

TUNING FORKS

2 NATURAL PITCH THERAPY TUNING FORK & STANDARD PITCH THERAPY TUNING FORK

SIZE 6.5"
MATERIAL Premium nickel-plated steel; Cork
TUNING **TTF-432:** 432 Hz (Natural Pitch)
TTF-440: 440 Hz (Standard Pitch)
INCLUDES Cotton bag

3 THERAPY TUNING FORK DAY AND NIGHT SET

CONTAINS TTF-E, TTF-E-SY
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-2); 2 x cotton bag

4 THERAPY TUNING FORK CHAKRA SETS

CONTAINS TTF-E-PL (Crown Chakra), TTF-V (Brow Chakra), TTF-ME (Throat Chakra), TTF-E (Heart Chakra), TTF-S (Solar Plexus Chakra), TTF-M-SY (Sacral Chakra), TTF-E-SY (Root Chakra)
INCLUDES **TTF-SET-CHA-7:** Therapy Tuning Fork Holder (TTF-HOLDER-7); 7 x cotton bag
TTF-SET-CHA-R: Tuning Fork Rollup Bag (TFCB) Tuning Fork Vibration Foot (VF-FS) Mallet (SB-PM-SR-S)

5 THERAPY TUNING FORK SET, 16 PCS.

CONTAINS TTF-CH, TTF-E, TTF-E-PL, TTF-E-SI, TTF-E-SY, TTF-J, TTF-M-SI, TTF-M-SY, TTF-MA, TTF-ME, TTF-N, TTF-S, TTF-SA, TTF-SE, TTF-U, TTF-V
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-16); 16 x cotton bag

6 THERAPY TUNING FORK SET, 27 PCS.

CONTAINS TTF-CH, TTF-E, TTF-E-GEO, TTF-E-HY, TTF-E-PL, TTF-E-SI, TTF-E-SY, TTF-J, TTF-M-AR, TTF-M-CU, TTF-M-K, TTF-M-MC, TTF-M-SI, TTF-M-SP, TTF-M-SY, TTF-MA, TTF-ME, TTF-N, TTF-PL, TTF-S, TTF-SA, TTF-SE, TTF-SF, TTF-U, TTF-V, TTF-128, TTF-256
INCLUDES Therapy Tuning Fork Holder (TTF-HOLDER-27); 27 x cotton bag

GROUNDING, BINAURAL THERAPY TUNING FORKS

1 NEW



Venus
TTF-V-G

Earth
TTF-E-G

Master Fork
TTF-64-G

2 NEW



THERAPY TUNING MASTER FORK
(SEE PAGE 44)



Gamma
TTF-GAMMA

Beta
TTF-BETA

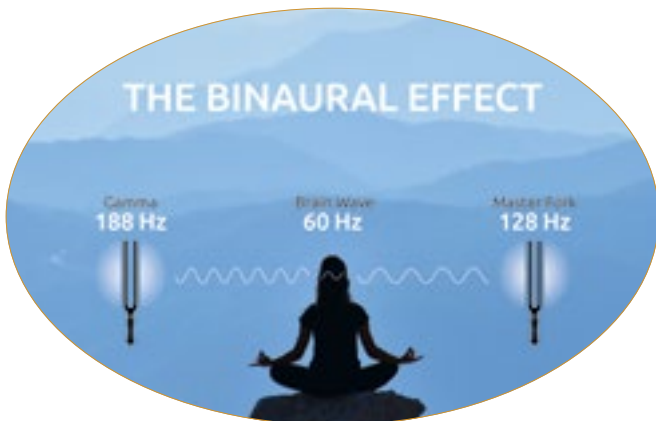
Alpha
TTF-ALPHA

Theta
TTF-THETA

Delta
TTF-DELTA

TTF-128

3 NEW



Set, 6 pcs.
TTF-BT-SET-R

1 GROUNDING THERAPY TUNING FORKS

- SIZES** TTF-E-G: 8.5"
TTF-V-G: 7.3"
TTF-64-G: 8.7"
- MATERIAL** Premium nickel-plated steel;
ECO BRASS®
- TUNING** E-G: Earth Year/Om, 136.10 Hz
(audible 68.05 Hz ≈ C#2)
V-G: Venus, 221.23 Hz
(audible 110.62 Hz ≈ A2)
64-G: Master Fork, 128 Hz
(audible 64 Hz = C2)
- FEATURES** Handcrafted masterpiece made in Germany
Perfect for grounding and relaxation
Extra low frequencies
Elegant and detachable ECO BRASS®
handle with Flat Vibration Foot
Round Vibration Foot
- INCLUDES** Round Vibration Foot
2 x cotton bag

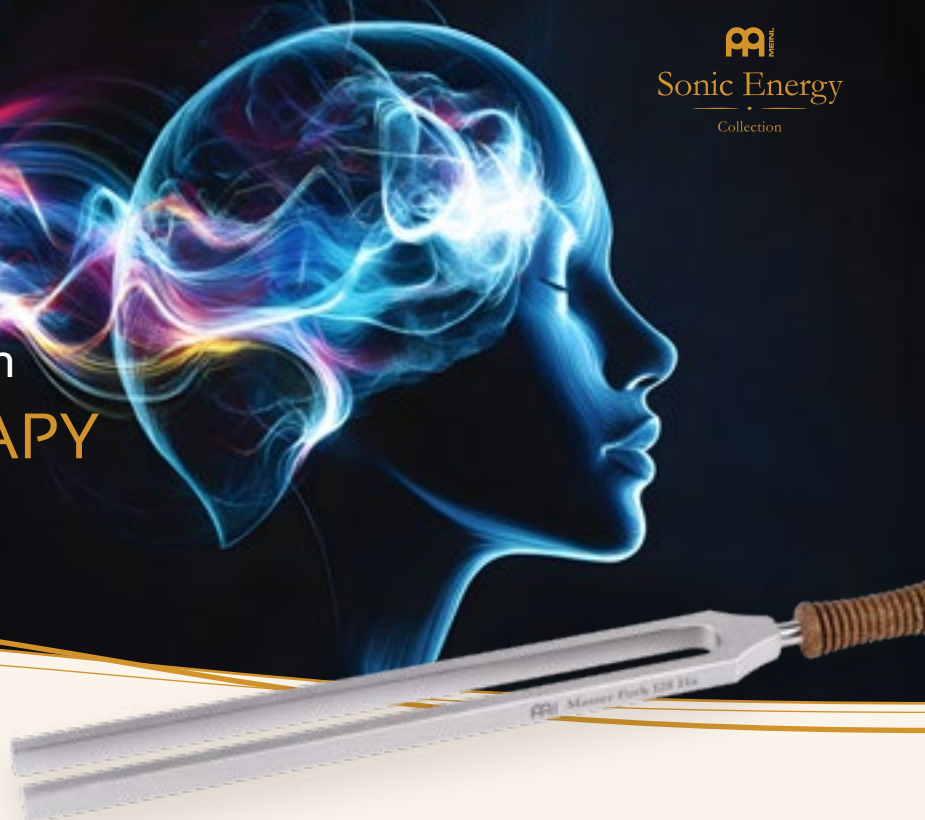
2 BINAURAL THERAPY TUNING FORKS

- SIZES** TTF-ALPHA: 9.4"
TTF-BETA: 9.3"
TTF-DELTA: 9.6"
TTF-GAMMA: 8.5"
TTF-THETA: 9.5"
- MATERIAL** Premium nickel-plated steel
- TUNING** ALPHA: Alpha, 139 Hz
BETA: Beta, 150 Hz
DELTA: Delta, 130 Hz
GAMMA: Gamma, 188 Hz
THETA: Theta, 134 Hz
- FEATURES** Handcrafted masterpiece made in Germany
Ergonomic shaped cork handle
Engraved logo and tuning info
Pair with 128 Hz Masterfork for binaural
effects
- INCLUDES** Cotton bag

3 BINAURAL THERAPY TUNING FORK SET, 6 PCS.

- CONTAINS** TTF-ALPHA, TTF-BETA, TTF-DELTA,
TTF-GAMMA, TTF-THETA, TTF-128
- INCLUDES** Tuning Fork Rollup Bag (TFCB);
6 x cotton bag

Tune Your Mind: Unlocking the Power with BINAURAL THERAPY TUNING FORKS



Imagine being able to tune your mind like a musical instrument, effortlessly shifting from deep relaxation to heightened focus, or even slipping into a meditative state, simply by listening to certain sounds. This is the promise of binaural effects, a fascinating auditory phenomenon that can influence our brain wave activity.

By using Binaural Therapy Tuning Forks in conjunction with the Master Fork 128 Hz, we can create this effect on our own. When the forks are struck and held near the right and left ear, the brain detects the difference between the two frequencies, perceiving a third frequency that guides you into the desired brain wave state.

Understanding how different brain wave states can influence and shape our experience and reality, plays a fundamental role in our journey of self-discovery and personal development.

These are the Five Main Types of Brain Waves:

Gamma – 30 to 100 Hz Where all ideas grow

Gamma brain waves are the fastest and are associated with high concentration, focus, creativity, and heightened alertness.

Beta – 12 to 30 Hz Sharp and focused glow

Beta brain waves heighten our alertness and analytical abilities. Typically, our brain operates at this frequency during daily activities that involve concentration, thinking, and excitement.

However, high beta waves can also lead to anxiety, stress, and restlessness. They are often associated with the "survival mode" that many of us experience constantly.

Alpha – 8 to 12 Hz Calm and mindful peace

Alpha brain waves are linked to a relaxed, calm state of mind. They promote relaxation while awake, reduce stress, and improve learning.

Theta – 4 to 8 Hz Creative flow

Theta brain waves are connected to a deeper state of relaxation, enhancing creativity and intuition while lowering stress and anxiety levels. This is where the door to our subconscious mind opens.

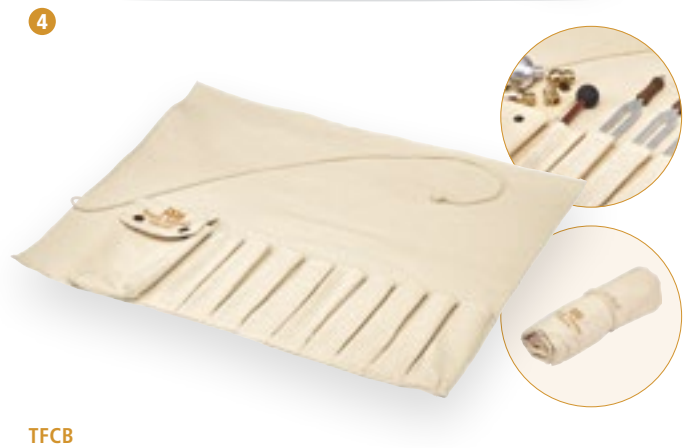
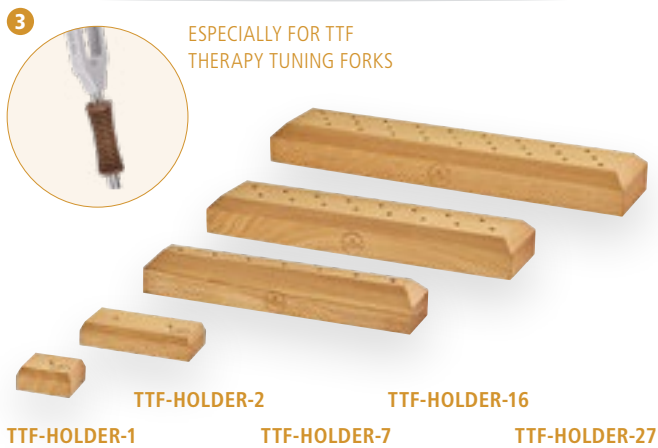
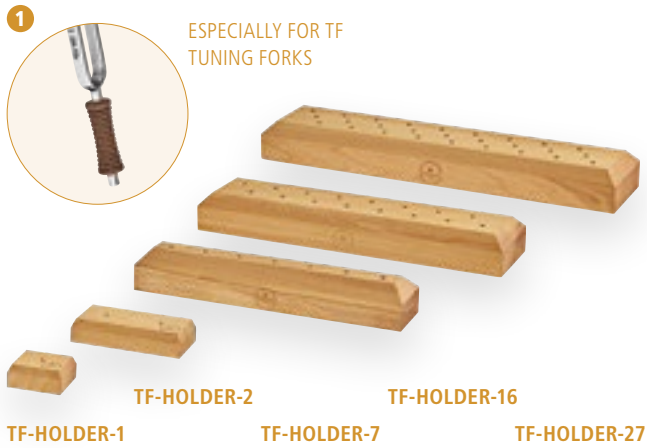
Delta – 0,5 to 4 Hz Deep and dreamless sleep

Delta brain waves are the slowest frequency and are associated with deep, dreamless sleep. Our minds and bodies experience their most profound rest and rejuvenation here.

Tapping into different brain wave states can be a powerful tool for enhancing emotional well-being and achieving greater independence from external influences. These states act as a gateway to our subconscious mind, where we can tap into our inner resources and explore our inner world.



TUNING FORK ACCESSORIES



1 TUNING FORK HOLDERS

SIZES **TF-HOLDER-1:** For 1 tuning fork
TF-HOLDER-2: For 2 tuning forks
TF-HOLDER-7: For 7 tuning forks
TF-HOLDER-16: For 16 tuning forks
TF-HOLDER-27: For 27 tuning forks

MATERIAL Beech wood

2 TUNING FORK CASES

SIZES **TFC-M:** For max. 7.1" tuning forks
TFC-L: For max. 8.3" tuning forks
TFC-8: For 8 tuning forks
TFC-16: For 16 tuning forks

MATERIALS Inner material polyester
 Outer material leatherette

FEATURE For safe and easy transportation

3 THERAPY TUNING FORK HOLDERS

SIZES **TTF-HOLDER-1:** For 1 tuning fork
TTF-HOLDER-2: For 2 tuning forks
TTF-HOLDER-7: For 7 tuning forks
TTF-HOLDER-16: For 16 tuning forks
TTF-HOLDER-27: For 27 tuning forks

MATERIAL Beech wood

4 TUNING FORK ROLLUP BAG

SIZE 18.1" x 21.7"

MATERIAL Cotton canvas

FEATURES 9 tuning fork compartments, 1 accessory compartment
 Fitting every TF Tuning Fork and TTF Therapy Tuning Fork

5 TUNING FORK VIBRATION FEET

DIMENSIONS **VF-FS:** 0.60" / 1.5 cm diameter; 25 g
VF-RL: 1.57" / 4 cm diameter; 98 g
VF-RM: 1.18" / 3 cm diameter; 129 g
VF-RS: 0.79" / 2 cm diameter; 46 g
VF-RL: Aluminum, ECO BRASS®

MATERIALS **VF-RM, VF-RS, VF-FS:** ECO BRASS®

FEATURES Suitable for controlled massage of vibrations on humans as well as animals
 Fitting every TF Tuning Fork and TTF Therapy Tuning Fork except Grounding Therapy Tuning Forks

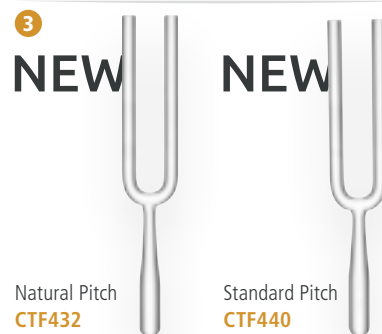
6 TUNING FORK VIBRATION FOOT DISPLAY

SIZE 7.2" x 3.5" x 3.9"

CONTAINS 4 pcs. each: VF-FS, VF-RL, VF-RM, VF-RS

FEATURE Cardboard display for showrooms and studios

CRYSTAL TUNING FORKS



CRYSTAL TUNING FORKS

1 CRYSTAL TUNING FORKS

SIZES **CTF440C16, CTF440F16:**
0.63" / 1.6 cm diameter,
17.7" / 45 cm length
CTF440C20, CTF440F20:
0.79" / 2 cm diameter,
15" / 38 cm length

MATERIAL Gemstone (Quartz)

TUNING A4/a' 440 Hz
C16: C3
C20: C4
F16: F3
F20: F4

FEATURES Perfect for therapy and relaxation
Made of high-purity quartz
Extremely long-lasting resonance
Pure and attractive crystal material

2 SOLFEGGIO CRYSTAL TUNING FORKS

SIZES **SOLCTF174:** 0.6" / 1.6 cm diameter,
15.9" / 40.5 cm length
**SOLCTF285, SOLCTF396,
SOLCTF417, SOLCTF528:**
0.4" / 1 cm diameter
SOLCTF285: 10.2" / 26 cm length
SOLCTF396: 9.3" / 23.7 cm length
SOLCTF417: 9.1" / 23 cm length
SOLCTF528: 8.9" / 22.5 cm length

MATERIAL Gemstone (Quartz)

TUNING **174:** 174 Hz
285: 285 Hz
396: Ut 396 Hz
417: Re 417 Hz
528: Mi 528 Hz

FEATURES Perfect for therapy and relaxation
Made of high-purity quartz
Extremely long-lasting resonance
Pure and attractive crystal material

INCLUDES Engraved tuning info
Carrying bag
Crystal silicone rod

3 NATURAL PITCH CRYSTAL TUNING FORK & STANDARD PITCH CRYSTAL TUNING FORK

SIZES **CTF432:** 0.4" / 1 cm diameter,
9" / 22.8 cm length
CTF440: 0.4" / 1 cm diameter,
8.9" / 22.6 cm length

MATERIAL Gemstone (Quartz)

TUNING **CTF432:** 432 Hz (Natural Pitch)
CTF440: 440 Hz (Standard Pitch)

FEATURES Perfect for therapy and relaxation
Made of high-purity quartz
Extremely long-lasting resonance
Pure and attractive crystal material
Engraved tuning info

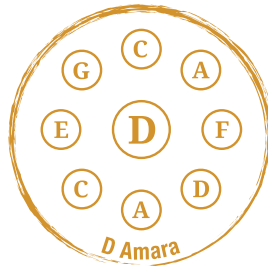
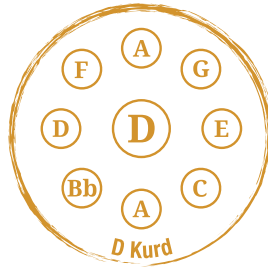
INCLUDES Carrying bag
Crystal silicone rod

SENSORY HANDPANS

1



D Kurd, 9 notes
HPSTL90



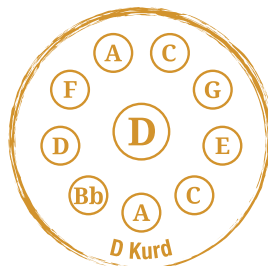
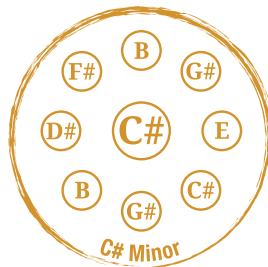
D Amara, 9 notes
HPSTL91



432 Hz



C# Minor, 9 notes
HPSTL92



D Kurd, 10 notes
HPSTL100



1 SENSORY HANDPANS

SIZES 22" diameter, 9" height
HPSTL93CU: 10" height

MATERIAL Stainless steel

TUNING
HPSTL90: A4/a' 440 Hz
 D Kurd D3/ A3, Bb3, C4, D4, E4, F4, G4, A4 (9 notes)
HPSTL91: A4/a' 440 Hz
 D Amara D3/ A3, C4, D4, E4, F4, G4, A4, C5 (9 notes)
HPSTL92: A4/a' 432 Hz
 C# Minor C#3/ G#3, B3, C#4, D#4, E4, F#4, G#4, B4 (9 notes)
HPSTL93CU: A4/a' 432 Hz
 Bb2 Amara Bb2/ F3, Ab3, Bb3, C4, Db4, Eb4, F4, Ab4 (9 notes)
HPSTL100: A4/a' 440 Hz
 D Kurd D3/ A3, Bb3, C4, D4, E4, F4, G4, A4, C5 (10 notes)

FEATURES

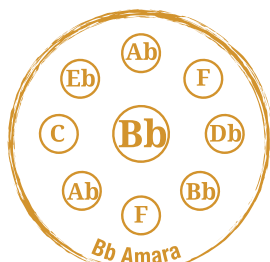
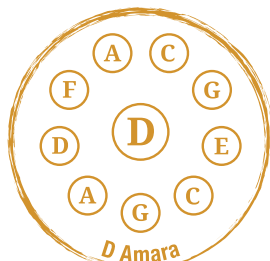
HPSTL101: A4/a' 440 Hz
 D Amara D3/ G3, A3, C4, D4, E4, F4, G4, A4, C5 (10 notes)
HPSTL102CU: A4/a' 432 Hz
 E La Sirena E3/ G3, B3, C#4, D4, E4, F#4, G4, B4, D5 (10 notes)
HPSTL110CU: A4/a' 440 Hz
 F Pygmy F3/ G3, Ab3, C4, Eb4, F4, G4, Ab4, C5-Db3, Eb3 (11 notes)

Handcrafted masterpiece
 Pure soft sound with long sustain
 Perfect for both meditative and percussive playing
 Two sound holes: One, which faces the player and one, which faces the audience
 Two removable sound tubes for more sound options
 Durable stainless steel material
 Harmonic and balanced tones
 Lasered logo and tuning

HPSTL93CU, HPSTL102CU:
 Engraved design
INCLUDES Padded carrying bag, stainless steel protection cover, soft velvet bag, gloves and two sound tubes
HPSTL110CU: 2 x protection cover
COLOURS **HPSTL90, HPSTL91, HPSTL92, HPSTL100, HPSTL101:** Vintage Gold
HPSTL93CU, HPSTL102CU, HPSTL110CU: Vintage Copper



D Amara, 10 notes
HPSTL101



432 Hz

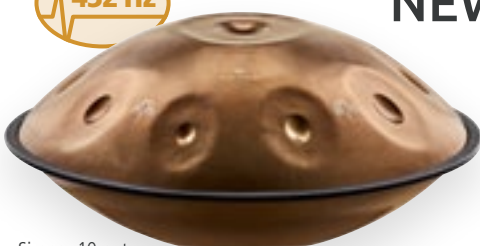
NEW



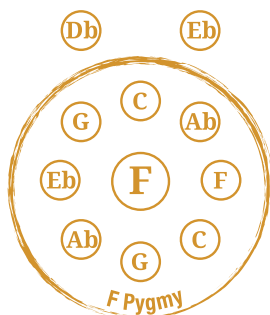
Bb2 Amara, 9 notes
HPSTL93CU

432 Hz

NEW



E La Sirena, 10 notes
HPSTL102CU



NEW



F Pygmy, 11 notes
HPSTL110CU

STAINLESS STEEL HANDPAN CARE SET
PERFECT FOR SENSORY HANDPANS
(SEE PAGE 52)



SSHPCS



HANDPANS

HANDPAN ACCESSORIES



1

SEPU



2

HP-CW



3

HPC

HPP

SSHPP



4

HPS-S



HPS



Set, 2 pcs.
HPCS

Set, 2 pcs.
SSHPCS



5 **NEW**

Medium
MHPSM



6 **NEW**

Large
MHPSL



6

HPR



7

HPWS



8

HPWS2



9

MHPC

1 MAGNETIC PICKUP

FEATURES Magnetic
Piezo pickup
Integrated volume regulator
6.3 mm input jack
2.5 m long cable

2 HANDPAN CARE WAX

SIZE 36 ml
FEATURES Designed for any unlacquered handpan;
Prevents unwanted development of rust

3 HANDPAN CARE

SIZE 150 ml
PRODUCTS **HPC:** Handpan Cleaner
HPP: Nitrided Steel Handpan Protectant
HPCS: Nitrided Steel Handpan Care Set
SSHPP: Stainless Steel Handpan Protectant
SSHPCS: Stainless Steel Handpan Care Set

CONTAINS **HPCS:** 1 x HPP, 1 x HPC
SSHPCS: 1 x SSHPP, 1 x HPC
FEATURES Corrosion protection; Made in Germany
INCLUDES **HPCS, SSHPCS:** Two microfiber cloths

4 METALLIC HANDPAN & TONGUE DRUM STANDS

SIZES **HPS-S:** Height-adjustable (22" - 27")
HPS: Height-adjustable (28" - 39")
MATERIAL Black powder-coated steel
FEATURE For Handpans and Steel Tongue Drums

5 WOOD HANDPAN/TONGUE DRUM STANDS

SIZES **MHPSM:** Medium (33.5" / 85 cm)
MHPSL: Large (45.3" / 115 cm)
MATERIAL Ki Bawang Wood (*Dysoxylum alliaceum*),
Silicone, Steel
FEATURE For Handpans and Steel Tongue Drums

6 WOOD HANDPAN REST

MATERIAL Baltic Birch (*Betula pendula*)
FEATURES For easy storage and presentation;
Fits all common handpans

7 WOOD HANDPAN STAND

MATERIAL Baltic Birch (*Betula pendula*)
FEATURE Fits handpans with ~21.5" diameter

8 INCLINED WOOD HANDPAN STAND

MATERIAL Baltic Birch (*Betula pendula*)
FEATURE Fits handpans with ~22" diameter

9 HANDPAN CORD

MATERIALS Linen, nylon
FEATURE Fits all common handpans

Discover Your Intuitive Play

Intuitive play and music-making allow us to express our emotions and thoughts freely, without reservations. This approach to music doesn't require extensive musical knowledge or training; some instruments enable us to start playing without years of practice, inviting us to explore creativity in its purest form.



Find Your Inner Rhythm

Intuitive playing thrives on a good sense of rhythm. However, achieving this doesn't necessarily require long-term training. Simple rhythm exercises, like clapping or tapping out beats on a tabletop, can provide a solid foundation to help you enter a natural flow. These basic practices are often enough to connect with the rhythm within and let the music guide you.

The Essentials of Intuitive Play

To fully embrace intuitive play, you need just two things: an instrument and trust – trust in yourself and the process. Here are a few key aspects to consider as you dive into this creative journey:

- » **Practice Makes Perfect:** While intuitive play is about freedom, regular practice helps deepen your connection with your instrument and your inner rhythm.
- » **Inspiration and Exchange:** Seek out inspiration from other musicians or artists, and don't hesitate to share your own experiences. The exchange of ideas can open new avenues in your intuitive play.
- » **Preserve the Joy of Playing:** Above all, remember that the joy of playing should remain at the heart of your musical journey. Keep it fun, light, and engaging – this is where true creativity flourishes.

By embracing intuitive play, you open the door to a world of spontaneous musical expression. Whether you're a seasoned musician or a complete beginner, this approach allows you to connect with your emotions, explore your creativity, and enjoy the pure joy of making music.

The ideal instruments for beginners, intermediate and advanced players:

- » **Handpans** (see page 50)
- » **Steel Tongue Drums** (see page 54)
- » **Kalimbas** (see page 56)



STEEL TONGUE DRUMS

1



A Major, Purple
PSTD1PLF



A Major, Navy Blue
PSTD2NBVF



A Major, Gold
PSTD3GOM



2



PSTD3DISPLAY

3



C Major, Black
MSTD1BK



A Major, Navy Blue
MSTD2NB



B Major, Gold
MSTD3G



MSSTDDISPLAY

4



F Minor,
Black
SSTD1BK



G Minor,
Navy Blue
SSTD2NB



C Minor,
Gold
SSTD3G

5



B Minor, Black
MOSTD1BK



C Major, Gold
MOSTD3G



C Minor, Navy Blue
MOSTD2NB



F# Minor, Dark Green
MOSTD4DG

1 POCKET STEEL TONGUE DRUMS

SIZE 3" diameter, 1.85" height
MATERIAL Coated stainless steel
TUNING A Major A5, B5, C#6, E6, F#6, A6
FEATURES Great gift idea; Soft and soothing sound; Perfect for takeaway
PSTD1PLF: Lasered Lotus Flower design
PSTD2NBVF: Lasered Venus Flower design
PSTD3GOM: Lasered Om design
INCLUDES Wooden mallet with rubber head
COLOURS **PSTD1PLF**: Purple
PSTD2NBVF: Navy Blue
PSTD3GOM: Gold

2 HOLDERS FOR STEEL TONGUE DRUMS

MATERIAL Black walnut
FEATURES **PSTD3DISPLAY**: Holds three Pocket Steel Tongue Drums (PSTD)
MSSTDDISPLAY: Holds a Mini (MSTD) or a Small Steel Tongue Drum (SSTD)

3 MINI STEEL TONGUE DRUMS

SIZE 6" diameter, 2.55" height
MATERIAL Coated stainless steel
TUNING **MSTD1BK**: C Major C5, D5, E5, G5, A5, C6
MSTD2NB: A Major A4, B4, C#5, E5, F#5, A5
MSTD3G: B Major B4, C#5, D#5, F#5, G#5, B5
FEATURE Soft and soothing sound
INCLUDES Bag and wooden mallet pair with rubber heads
COLOURS **BK**: Black
G: Gold
NB: Navy Blue

4 SMALL STEEL TONGUE DRUMS

SIZE 7" diameter, 2.56" height
MATERIAL Coated stainless steel
TUNING **SSTD1BK**: F Minor

F4, Ab4, Bb4, C5, Eb5, F5, Ab5, Bb5
SSTD2NB: G Minor G4, Bb4, C5, D5, F5, G5, Bb5, C6
SSTD3G: C Minor C5, D5, Eb5, F5, G5, Ab5, Bb5, C6
FEATURES Portable size Steel Tongue Drum; Soft and soothing sound
INCLUDES Bag and wooden mallet pair with rubber heads
COLOURS **BK**: Black
G: Gold
NB: Navy Blue

5 MEDIUM OCTAVE STEEL TONGUE DRUMS

SIZE 10" diameter, 5.5" height
MATERIAL Coated stainless steel
TUNING A4/a' 432 Hz
MOSTD1BK: B Minor F#3, G3, B3, C#4, D4, E4, F#4, G4
MOSTD2NB: C Minor

6



D Kurd, Black
OSTD1BK



D Amara, Navy Blue
OSTD2NB



D Kurd, Black
OSTD1BKE

7



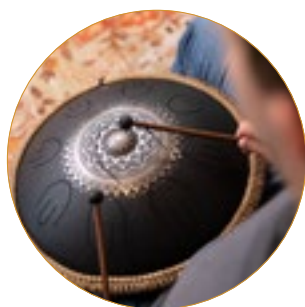
A Minor, Black
STD1BK



A Akebono, Black
STD2BK



G Major, Black
STD3BK



D Amara, Navy Blue
OSTD2NBE



A Minor, Vintage Brown
STD1VB



A Akebono, Vintage Brown
STD2VB

8



OSTDMC



OSTDM



STDB



G Major, Vintage Brown
STD3VB



G Minor, Pearl Grey
STD4PG

FEATURES
G3, Ab3, C4, D4, Eb4, F4, G4, Ab4
MOSTD3G: C Major
A3, C4, D4, E4, F4, G4, A4, B4
MOSTD4DG: F# Minor
F#3, A3, B3, C#4, D4, E4, F#4, A4
Rich, space-filling and meditative sound;
Decorative nylon cord; Non-slip silicone
feet; Removable silicone plug

INCLUDES
Carrying bag and wooden mallet pair
with soft-wrapped rubber heads

COLOURS
BK: Black
DG: Dark Green
G: Gold
NB: Navy Blue

6 OCTAVE STEEL TONGUE DRUMS

SIZE 16" diameter, 6.4" height
MATERIAL Coated stainless steel
TUNING **OSTD1:** D Kurd
D3/ A3, Bb3, C4, D4, E4, F4, G4, A4

FEATURES
OSTD2: D Amara
D3/ A3, C4, D4, E4, F4, G4, A4, C5
One bass note plus eight additional
octavated notes; Rich, space-filling and
meditative sound; Decorative nylon cord;
Non-slip silicone feet; Removable silicone
plug
OSTD1BKE, OSTD2NBE:
Lasered floral design

INCLUDES
Carrying bag and wooden mallet pair
with rubber heads

COLOURS
BK: Black
NB: Navy Blue

7 STEEL TONGUE DRUMS

SIZE 12" diameter, 6.5" height
MATERIAL Coated steel
TUNING **STD1:** A Minor
A3, C4, D4, E4, G4, A4, C5, D5
STD2: A Akebono

FEATURE INCLUDES
A3, B3, C4, E4, F4, A4, B4, C5
STD3: G Major
G3, A3, B3, D4, E4, G4, A4, B4
STD4: G Minor
G3, Bb3, C4, D4, F4, G4, Bb4, C5
Rich, full and soothing sound
Carrying bag and Steel Tongue Drum
Mallet pair with soft rubber tips (STDB)

COLOURS
BK: Black
PG: Pearl Grey
VB: Vintage Brown

8 STEEL TONGUE DRUM MALLETS

SIZES
OSTDM: 10.24"
OSTDMC: 10.24"
STDB: 11.25"

FEATURES
OSTDM: Perfect for OSTD models
OSTDMC: Perfect for MOSTD and OSTD
models
STDB: Perfect for STD models

KALIMBAS

1



21 notes,
Black Walnut
KL2101S



17 notes,
Black Walnut
KL1701S



17 notes,
Sapele
KL1702S



17 notes,
Acacia
KL1703S



17 notes,
Maple
KL1704S



10 notes,
Black Walnut
KL1001TOL



10 notes,
Zambesi Redwood
KL1002FOL



8 notes, Maple
KL801S

2



KL8DISPLAY

3



8 notes, Sapele
KL8MINI

8 notes, Black Walnut
KL801TOL

8 notes, Red Zebrawood
KL802FOL



KL17DISPLAY

1 SOLID KALIMBAS

SIZES
KL2101S: 7.1" length x 5.5" width
KL1701S: 7.5" length x 5.4" width
KL1702S: 7.3" length x 5.2" width
KL1703S: 7.1" length x 5.1" width
KL1704S: 7.1" length x 5.1" width
KL1001TOL: 6.7" length x 5.0" width
KL1002FOL: 6.7" length x 5.0" width
KL801S: 4.3" length x 2.8" width

MATERIALS
 Chrome plated steel
KL2101S, KL1701S, KL1001TOL: Black Walnut
KL1702S: Sapele
KL1703S: Acacia
KL1704S, KL801S: Maple
KL1002FOL: Zambesi Redwood

TUNING
 C Major
KL2101S: D5, B4, G4, E4, C4, A3, F3, D3, B2, G2, F2, A2, C3, E3, G3, B3, D3, F3, A4, C5, E5 (21 notes)

KL1701S, KL1702S, KL1703S, KL1704S: D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)
KL1001TOL, KL1002FOL: E4, C4, A3, F3, D3, C3, E3, G3, B3, D4 (10 notes)
KL801S: A4, E4, C4, G3, A3, D4, G4, C5 (8 notes)

FEATURES
 Solid body; Harmonious tone sequence
KL1001TOL: High-quality relief "Tree of Life"
KL1002FOL: High-quality relief "Flower of Life"

INCLUDES
 Linen bag; Microfiber cloth; Tuning hammer
KL2101S, KL1701S, KL1702S, KL1703S, KL1704S, KL1001TOL, KL1002FOL: Case
KL2101S, KL1701S, KL1702S, KL1703S, KL1704S, KL801S: Gloss
KL1001TOL, KL1002FOL: Matte

2 HOLDER FOR KALIMBAS

MATERIAL Black Walnut
FEATURES
KL8DISPLAY: For Kalimbas up to 8 notes
KL17DISPLAY: For Kalimbas with 9 notes or more and Pickup Kalimbas

3 MINI KALIMBAS

SIZES
KL8MINI: 2.8" length x 2.0" width
KL801TOL: 2.9" length x 2.2" width
KL802FOL: 2.9" length x 2.2" width

MATERIALS
 Chrome plated steel
KL8MINI: Sapele
KL801TOL: Black Walnut
KL802FOL: Red Zebrawood

TUNING
 C Major
 C4, A3, F3, D3, C3, E3, G3, B4 (8 notes)

FEATURES
 Solid body; Harmonious tone sequence; Excellent gift idea
KL801TOL: High-quality relief "Tree of Life"

4



17 notes,
Maple & Acacia
KL1706H



17 notes,
Acacia
KL1707H



17 notes,
Mahogany
KL1708H



17 notes,
Maple
KL1709H



10 notes,
Mahogany
KL1008H



10 notes,
Maple
PKL1009H

5



17 notes,
Acacia
KL1705H

6



17 notes,
Acacia
PKL1707H



17 notes,
Mahogany
PKL1708H



17 notes,
Maple
PKL1709H



KALIMBAS

KL802FOL: High-quality relief "Flower of Life"
INCLUDES **KL8MINI:** Ribbon
FINISHES **KL8MINI:** Gloss
KL801TOL, KL802FOL: Matte

4 SOUND HOLE KALIMBAS
SIZES **KL1706H, KL1707H, KL1708H, KL1709H:** 7.3" length x 5.3" width
KL1008H, KL1009H: 6.7" length x 4.9" width
MATERIALS Chrome plated steel
KL1706H: Maple, Acacia
KL1707H: Acacia
KL1708H, KL1008H: Mahogany
KL1709H, KL1009H: Maple
TUNING C Major
KL1706H, KL1707H, KL1708H, KL1709H: D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5

(17 notes)
KL1008H, KL1009H: E4, C4, A3, F3, D3, C3, E3, G3, B3, D4 (10 notes)
FEATURES Hollowed resonating body; Harmonious tone sequence
INCLUDES Case; Linen bag; Microfiber cloth; Tuning hammer
FINISHES **KL1706H, KL1707H, KL1709H, KL1009H:** Gloss
KL1708H, KL1008H: Matte

5 WAH-WAH KALIMBA
SIZE 7.3" length x 5.3" width
MATERIALS Chrome plated steel
Acacia
TUNING C Major
D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)
FEATURES Hollowed resonating body; Harmonious tone sequence; Wah-wah effect

INCLUDES Case; Linen bag; Microfiber cloth; Tuning hammer
FINISH Gloss

6 SOUNDHOLE PICKUP KALIMBAS
SIZE 7.5" length x 5.3" width
MATERIALS Chrome plated steel
PKL1707H: Acacia
PKL1708H: Mahogany
PKL1709H: Maple
TUNING C Major
D5, B4, G4, E4, C4, A3, F3, D3, C3, E3, G3, B3, D4, F4, A4, C5, E5 (17 notes)
FEATURES Hollowed resonating body; Harmonious tone sequence; Built-in pickup; Red markings for visual orientation
INCLUDES Case; Linen bag; Microfiber cloth; Tuning hammer
FINISHES **PKL1707H, PKL1709H:** Gloss
PKL1708H: Matte

WAH-WAH TUBES & SOUND BATH TUBE CHIMES

1 NEW

432 Hz

C6
WWTC6



2 NEW

432 Hz

Set, 7 pcs.
WWTSETCHA



3 NEW

432 Hz

Set, 7 pcs.
SBTSETCHA



4 NEW

440 Hz

Set, 8 pcs.
SBTSETM



5 NEW

SOLFEGGIO

Set, 9 pcs.
SBTSETSOL



1 WAH-WAH TUBE

MATERIALS Aluminum, ash wood, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 432 Hz; C6
FEATURE Create captivating wah-wah sounds with ease
INCLUDES Wooden stand, soft bag and mallet
FINISH Champagne gold

2 WAH-WAH TUBE CHAKRA SET, 7 PCS.

MATERIALS Aluminum, ash wood, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 432 Hz; C5, D5, E5, F5, G5, A5, B5
FEATURES Create captivating wah-wah sounds with ease; Play solo or in harmony with friend
INCLUDES Wooden stand, carrying bag, 7 x soft bag, 3 x mallet
FINISH Champagne gold

3 SOUND BATH TUBE CHIME CHAKRA SET, 7 PCS.

SIZE 51.6" / 131 cm height
48.8" / 124 cm width
19.7" / 50 cm depth
MATERIALS Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 432 Hz; C4, D4, E4, F4, G4, A4, B4
FEATURES Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes
INCLUDES Wooden stand and shoulder strap, carrying bag, 7 x soft bag, 3 x additional holder, 3 x mallet, leather band
FINISH Black

4 SOUND BATH TUBE CHIME SET, 8 PCS.

SIZE 51.6" / 131 cm height
54.7" / 139 cm width
19.7" / 50 cm depth
MATERIALS Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone
TUNING A4/a' 440 Hz; C4, D4, E4, F4, G4, A4, B4, C5
FEATURES Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes
INCLUDES Wooden stand and shoulder strap, carrying bag, 8 x soft bag, 3 x additional holder, 3 x mallet, leather band
FINISH Bronze

MEDITATION FLOW CHIMES

6



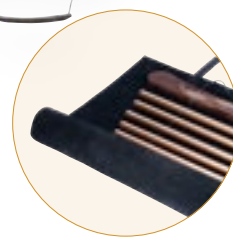
MFC8CSHMIS



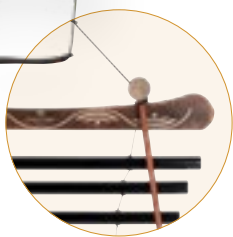
MFC10DMAB



MFC10GMAB



MFC10CMIBK



MFC10EMIBK



TUBES & CHIMES

5 SOUND BATH TUBE CHIME SOLFEGGIO SET, 9 PCS.

- SIZE** 59.8" / 152 cm height
60.2" / 153 cm width
19.7" / 50 cm depth
- MATERIALS** Aluminum, ash wood, leather, nylon cord, nonwoven fabric, faux suede fabric, silicone
- TUNING** 963 Hz, 852 Hz, 741 Hz, 639 Hz, 528 Hz, 417 Hz, 396 Hz, 285 Hz, 174 Hz
- FEATURES** Create soothing sounds for your sound bath; Play chimes solo or in harmony with friends; Use the wooden holders to move freely with your chimes
- INCLUDES** Wooden stand and shoulder strap, carrying bag, 9 x soft bag, 4 x additional holder, 4 x mallet, leather band
- FINISH** Champagne gold

6 MEDITATION FLOW CHIMES

- SIZES** **MFC8CSHMIS:** 24" / 60 cm height
MFC10DMAB: 35" / 88 cm height
MFC10GMAB: 35" / 88 cm height
MFC10CMIBK: 38" / 95 cm height
MFC10EMIBK: 38" / 95 cm height
- MATERIALS** Ash wood, aluminum, leather, nylon cord
- TUNING** **MFC8CSHMIS:** A4/a' 432 Hz; C# Minor C#5, E5, F#5, G#5, B5, C#6, E6, G#6
MFC10DMAB: A4/a' 440 Hz; D Major D5, E5, F#5, A5, B5, D6, E6, F#6, A6, B6
MFC10GMAB: A4/a' 440 Hz; G Major G4, A4, B4, D5, E5, G5, A5, B5, D6, E6
MFC10CMIBK: A4/a' 432 Hz; C Minor C5, Eb5, F5, G5, Bb5, C6, Eb6, F6, G6, Bb6
MFC10EMIBK: A4/a' 432 Hz; E Minor E4, G4, A4, B4, D5, E5, G5, A5, B5, D6

- FEATURES** Perfect for gentle swaying, circling, spinning and twirling; Calming and balancing effect on body, mind and spirit; Long-lasting resonance; Integrated holder for mallet
- INCLUDES** Carrying bag with a flocked velvet cloth and adjustable shoulder strap; Mallet with felt tip (SB-PM-HFL-L)
- FINISHES** **B:** Bronze
BK: Black
S: Silver

MEDITATION CHIMES



1 AGATE MEDITATION CHIMES

SIZES **BAMC29S:** 29" / 73 cm height
MCDT50AB: 50" / 128 cm
MCDT50ABK: 50" / 128 cm

MATERIALS Ash wood, aluminum, plastic, nylon cord, Agate

TUNING A4/a' 432 Hz
BAMC29S: F6, G6, A6, C7, D7, F7
MCDT50AB: A4, B4, C#5, E5, F#5, A5
MCDT50ABK: A4, B4, C#5, E5, F#5, A5

FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Height-adjustable pendulum
BAMC29S: Blue Agate stone; Clear and cheerful sound
MCDT50AB: Grey Agate stone; Extra deep sound
MCDT50ABK: Purple Agate stone; Extra deep sound

FINISH **B:** Bronze
BK: Black
S: Silver

2 MEDITATION CHIMES

SIZE 36" / 90 cm height

MATERIALS Ash wood, aluminum, plastic, nylon cord

TUNING A4/a' 432 Hz
G#5, A5, B5, D6, E6

FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Soft and soothing sound; Height-adjustable pendulum

SYMBOLS **FOL:** Flower of Life
H: Hamsa
TOL: Tree of Life

FINISHES **B:** Bronze
BK: Matte black

3 MOON MEDITATION CHIMES

SIZES **MMC32:** 32" / 80 cm height
MMC35: 35" / 88 cm height
MMC44: 44" / 110 cm height
MMC49: 49" / 125 cm height

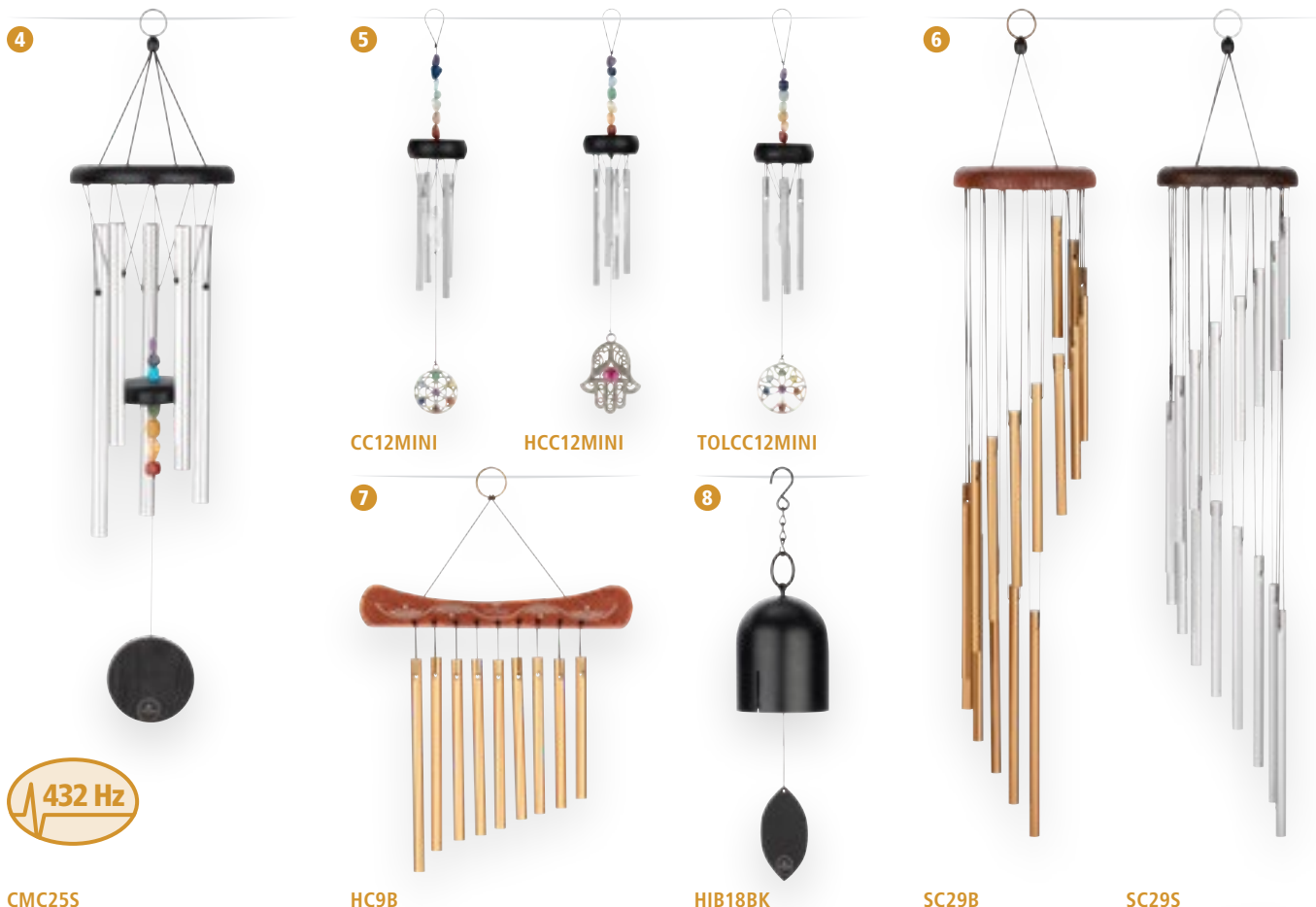
MATERIALS **MMC32, MMC44:** Iron, aluminum, plastic, nylon cord
MMC35, MMC49: Ash wood, aluminum, plastic, nylon cord

TUNING A4/a' 432 Hz
MMC32: G5, A5, B5, D6, E6, G6
MMC35: C6
MMC44: B4, C#5, D#5, F#5, G#5, B5
MMC49: C5

FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Soft and soothing sound; Moon symbol; Height-adjustable pendulum

FINISHES **B:** Bronze
S: Silver

CHIMES & BELL



432 Hz

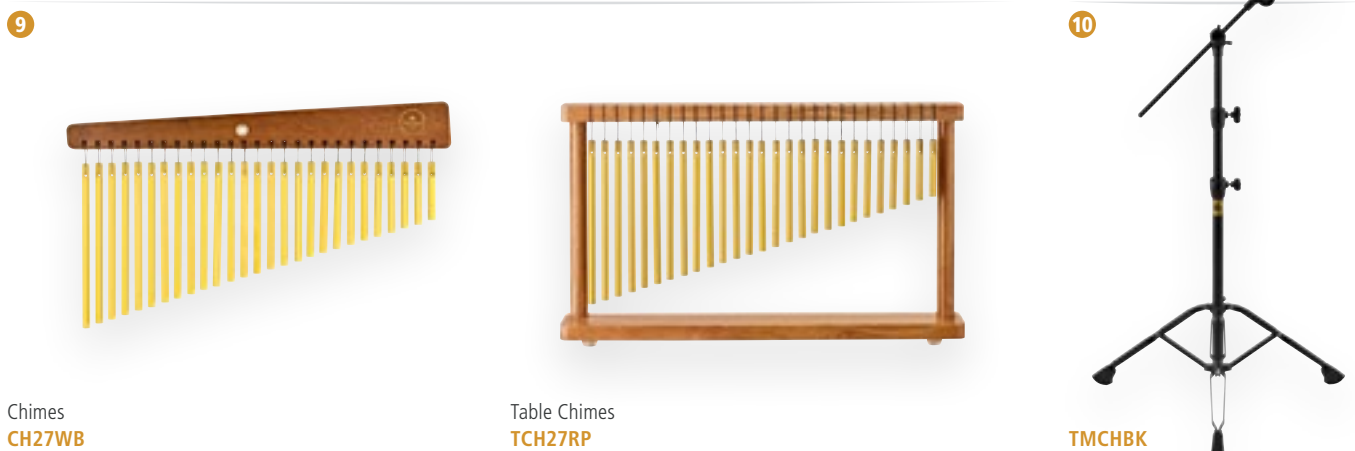
CMC25S

HC9B

HIB18BK

SC29B

SC29S



Chimes
CH27WB

Table Chimes
TCH27RP

TMCHBK

4 CHAKRA MEDITATION CHIME

SIZE 25" / 64 cm height
MATERIALS Ash wood, aluminum, plastic, nylon cord
TUNING A4/a' 432 Hz
D6, E6, F#6, B6, D7
FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; Bright, activating sound; 7 different coloured chakra stones
FINISH S: Silver

5 MINI CHAKRA CHIMES

SIZE 12" / 30 cm height
MATERIALS Ash wood, aluminum, plastic, nylon cord
FEATURES Great gift idea; High-pitched, sparkling sound; 7 different coloured chakra stones
SYMBOLS H: Hamsa
TOL: Tree of Life
FINISH S: Silver

6 SPIRAL CHIMES

SIZE 29" / 73 cm height
MATERIALS Ash wood, aluminum, nylon cord
FEATURES Long-lasting resonance; For meditation, relaxation, or even for decorating; High-pitched, sparkling sound
FINISHES B: Bronze
S: Silver

7 HAND CHIME

SIZE 14" / 36 cm height
MATERIALS Ash wood, aluminum, nylon cord
FEATURES Clear, sweet sparkling sound; For meditation and relaxation
FINISH B: Bronze

8 HANGING IRON BELL

SIZE 18" / 45 cm height
MATERIALS Iron, plastic, nylon cord
TUNING B#5 - D#5

FEATURES Deep-toned; Long-lasting resonance; Leaf symbol; Height-adjustable pendulum
FINISH BK: Matte black

9 CHIMES & TABLE CHIMES

SIZE 27 bars, single row
MATERIALS CH27WB: Siam Oak (*Hevea brasiliensis* Muell.-Arg.)
TCH27RP: Padauk wood (*Pterocarpus soyauxii*)
Gold anodized aluminum alloy
FEATURES Full sound with wide tonal spectrum
TCH27RP: Stable frame
COLOUR WB: Walnut Brown

10 CHIMES STAND

MATERIAL Black powder-coated steel
FEATURES Full angle and height adjustability; Secure angle clamps; Telescoping stem; Rubber feet to prevent from slipping

A SOUND JOURNEY FROM MORNING TO NIGHT

Introducing our collection of Cosmic Bamboo Chimes in 432 Hz, each crafted to resonate with the unique magic of the day's different times – Morning, Day, Evening, and Nighttime.

AURORA captures the essence of dawn, the moment when the world awakens from its slumber. This chime embodies the gentle whispers of the morning breeze and the soft glow of the first light, creating a melody that promises new beginnings.

SOL reflects the vibrant energy of midday when the sun is at its zenith. This chime echoes the warmth and vitality of the day, its tones bright and uplifting, filling the air with a sense of possibility and the invigorating pulse of life.

LUNA embodies the tranquil essence of the evening, when the sun meets the horizon, dipping the sky in warm colours. As the moon rises to take its place in the night sky, this chime's melody is gentle and reflective, a harmonious blend that invites contemplation and a peaceful transition from day to night.

STELLA captures the mystical atmosphere of nighttime, under the watchful gaze of the stars. Its sound is delicate and ethereal, like the distant twinkle of starlight, offering a sense of calm and connection to the infinite expanse of the night sky.

Each chime is designed to resonate with the spirit of these special moments, bringing the magic of the day's natural rhythm into your space.

432 Hz

The Frequency of 432 Hz:

A Harmonic Connection to Nature

The frequency of 432 Hz is often referred to as the "harmonic frequency" or the "natural tuning" due to its perceived alignment with the vibrations of the universe, nature, and the human body. Many musicians and sound healers believe that music tuned to 432 Hz can create a calming and meditative experience, promoting relaxation and well-being.

COSMIC BAMBOO CHIMES

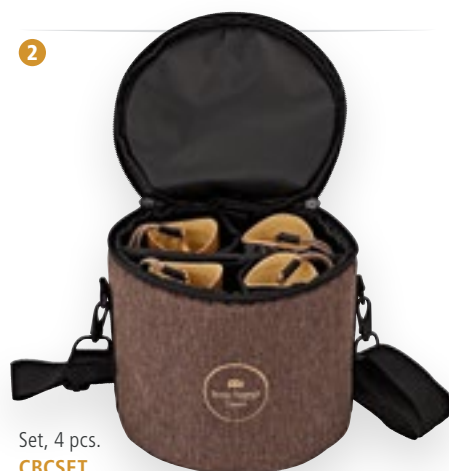


Aurora
CBCAURORA

Sol
CBCSOL

Luna
CBCLUNA

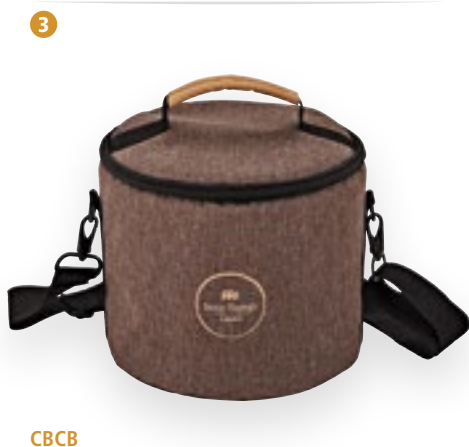
Stella
CBCSTELLA



Set, 4 pcs.
CBCSET



Set, 4 pcs.
CBCS4SET



CBCB



CBCS1



CBCS4

1 COSMIC BAMBOO CHIMES

- SIZE** 16.9" / 43 cm height,
2.6" / 6.5 cm diameter
- MATERIALS** Bamboo, Zambesi Redwood, Alloy Steel, Polyester, Acrylic
AURORA: Cherry Wood
SOL: White Oak
LUNA: Walnut
STELLA: Eucalyptus wood and Rosewood
- TUNING** A4/a' 432 Hz
AURORA: E5, F#5, A5, D6, F#6, E4, A4, D5
SOL: E5, F#5, G#5, C#6, E6, G#6, G#4, C#5
LUNA: C#5, D#5, E5, A#5, C#6, E6, E4, A#4
STELLA: G5, A5, Bb5, D6, G6, G4, A4, Bb4, D5
- FEATURES** Soft and soothing sound; Tunings to match the time of day

- SYMBOLS** **AURORA:** Aurora (morning)
SOL: Sol (day)
LUNA: Luna (evening)
STELLA: Stella (night)
- INCLUDES** Two additional pendulums per chime (1 x soft, 1 x hard)

2 COSMIC BAMBOO CHIME SETS

- CONTAINS** CBCAURORA, CBCSOL, CBCLUNA, CBCSTELLA
- INCLUDES** Two additional pendulums per chime (1 x soft, 1 x hard)
CBCSET: Carrying bag
CBCS4SET: Stand; Hex key

3 COSMIC BAMBOO CHIME CARRYING BAG

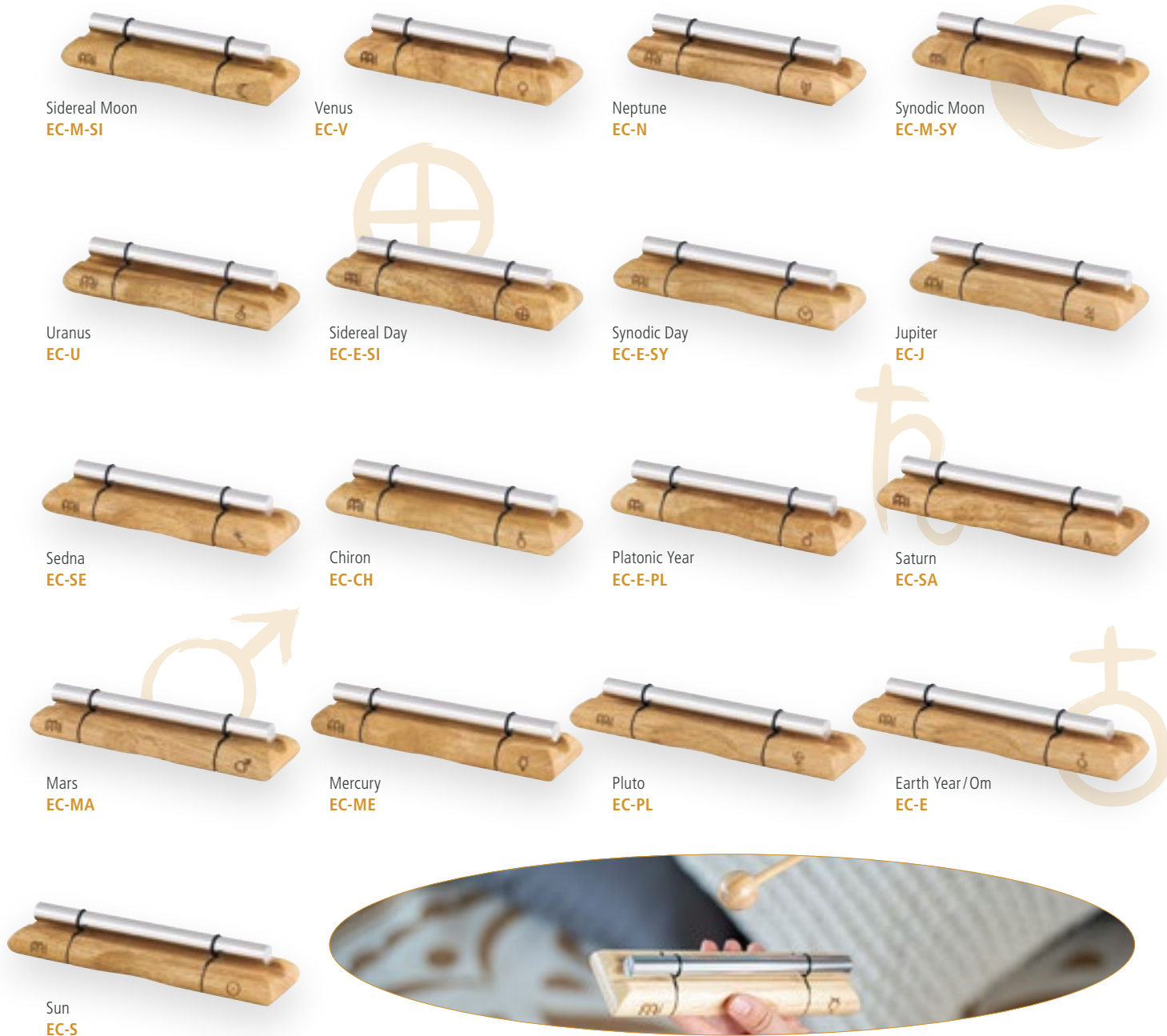
- SIZE** 7.5" / 19 cm height, 8" / 21.5 cm diameter
- FEATURE** Perfect for transporting and storing chimes

4 COSMIC BAMBOO CHIME STANDS

- SIZES** **CBCS1:** 24.1" / 61.3 cm height; 6.9" / 17.5 cm length; 5.9" / 15 cm width
CBCS4: 23" / 58.5 cm height; 18.6" / 47.3 cm length; 9.4" / 24 cm width
- MATERIALS** Wood (*Dysoxylum alliaceum*); Steel
- FEATURES** For aesthetic presentation and functional play
CBCS1: with one hook
CBCS4: with four hooks
- INCLUDES** **CBCS4:** Hex key

ENERGY CHIMES

1 BASED ON THE CALCULATIONS OF HANS COUSTO (THE COSMIC OCTAVE)



1 PLANETARY TUNED ENERGY CHIMES

MATERIALS Silver-anodized aluminum alloy
Siam Oak (*Hevea brasiliensis* Muell.-Arg.)

TUNING **CH:** Chiron, 172.86 Hz (audible 2765.76 Hz ≈ F7)
E: Earth Year / Om, 136.10 Hz (audible 2177.60 Hz ≈ C#7)
E-PL: Platonic Year, 172.06 Hz (audible 2752.96 Hz ≈ F7)
E-SI: Sidereal Day, 194.71 Hz (audible 3115.36 Hz ≈ G7)
E-SY: Synodic Day, 194.18 Hz (audible 3106.88 Hz ≈ G7)
J: Jupiter, 183.58 Hz (audible 2937.28 Hz ≈ F#7)
M-SI: Sidereal Moon, 227.43 Hz (audible 3638.88 Hz ≈ A#7)
M-SY: Synodic Moon, 210.42 Hz (audible 3366.72 Hz ≈ G#7)

MA: Mars, 144.72 Hz (audible 2315.52 Hz ≈ D7)
ME: Mercury, 141.27 Hz (audible 2260.32 Hz ≈ C#7)
N: Neptune, 211.44 Hz (audible 3383.04 Hz ≈ G#7)
PL: Pluto, 140.64 Hz (audible 2250.24 Hz ≈ C#7)
S: Sun, 126.22 Hz (audible 2019.52 Hz ≈ B6)
SA: Saturn, 147.85 Hz (audible 2365.60 Hz ≈ D7)
SE: Sedna, 181.60 Hz (audible 2905.60 Hz ≈ F#7)
U: Uranus, 207.36 Hz (audible 3317.76 Hz ≈ G#7)
V: Venus, 221.23 Hz (audible 3539.68 Hz ≈ A7)

FEATURES Handcrafted masterpiece made in Thailand
Exact fine tuning
Heat-branded logo and tuning info

INCLUDES Wooden beater, cotton bag

2 ENERGY CHIMES CHAKRA SET

CONTAINS EC-E-PL (Crown Chakra), EC-V (Brow Chakra), EC-ME (Throat Chakra), EC-E (Heart Chakra), EC-S (Solar Plexus Chakra), EC-M-SY (Sacral Chakra), EC-E-SY (Root Chakra)

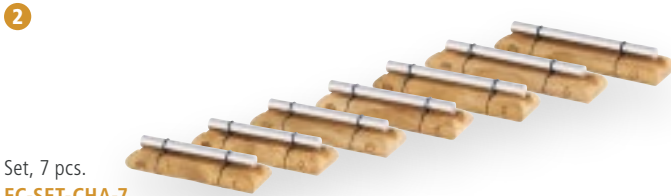
INCLUDES 7 x wooden beater, 7 x cotton bag

3 ENERGY CHIMES 16-PIECE SET-UP

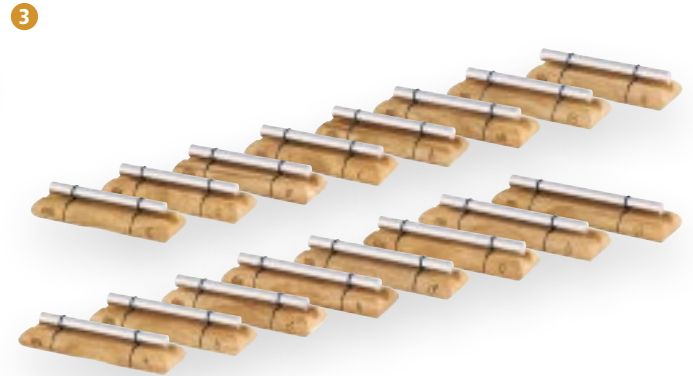
CONTAINS EC-CH, EC-E, EC-E-PL, EC-E-SI, EC-E-SY, EC-J, EC-M-SI, EC-M-SY, EC-MA, EC-ME, EC-N, EC-S, EC-SA, EC-SE, EC-U, EC-V

INCLUDES 16 x wooden beater, 16 x cotton bag

& SOUND EFFECTS



Set, 7 pcs.
EC-SET-CHA-7



Set, 16 pcs.
EC-SET-16



Flower of Life
EC-FOL



ECC-8



ECTT1

ECTT2

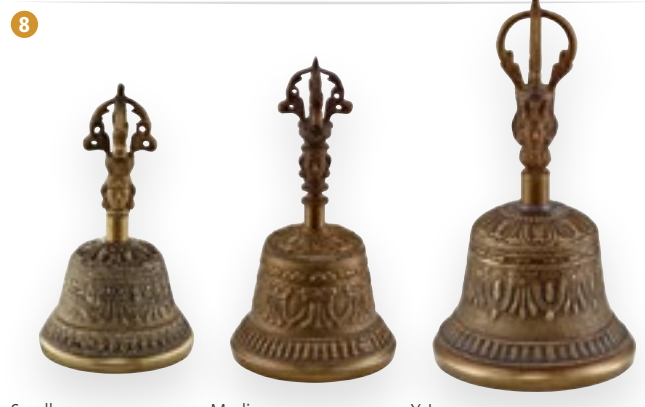
ECTT3

ECTT4



TINGSHA

TINGSHA-OR



Small
B-S

Medium
B-M

X-Large
B-XL

4 FLOWER OF LIFE ENERGY CHIME
MATERIALS Silver-anodized aluminum alloy
 Siam Oak (*Hevea brasiliensis* Muell.-Arg.)
TUNING 128 Hz (audible 2048 Hz = C7)
FEATURES Handcrafted masterpiece made in Thailand
 Exact fine tuning
 Heat-branded logo and tuning info
INCLUDES Wooden beater, cotton bag

5 ENERGY CHIME CASE
MATERIALS Inner material foam
 Outer material leatherette
FEATURES For safe and easy transportation of up to
 8 energy chimes

6 THREE TONE ENERGY CHIMES
SIZES **ECTT1:** ECTT2: 12.8" / 32.5 cm length
ECTT3: 14.17" / 36 cm length
ECTT4: 13.39" / 34 cm length
MATERIALS Silver-anodized aluminum alloy
 Siam Oak (*Hevea brasiliensis* Muell.-Arg.)
TUNING A4/a' 432 Hz
ECTT1: Minor triad (A6, C7, E7)
ECTT2: Diminished triad (G#6, B6, D7)
 A4/a' 440 Hz
ECTT3: Major triad (C6, E6, G6)
ECTT4: Major triad (E6, G#6, B6)
INCLUDES Wooden beater, cotton bag

7 TINGSHAS
SIZE 3.15" / 8 cm diameter
MATERIAL Special cast alloy
FEATURES Handcrafted masterpiece made in India
 Used for meditation
INCLUDES Cotton bag
SYMBOL **OR:** Ornamental

8 BELLS
DIMENSIONS **B-S:** (2.87" / 7.3 cm diameter); 280 g
B-M: Medium (3.5" / 8.9 cm diameter);
 355 g
B-XL: X-Large (4.3" / 10.9 cm diameter);
 700 g
MATERIAL Bronze
FEATURES Handcrafted masterpiece made in India
 Used for meditation

CHIMES & SOUND EFFECTS

THE SOUND OF NATURE

Whether it's birdsong, flowing water, rustling leaves, or ocean waves – the sound of nature is widely recognized for its calming and therapeutic effects. These soothing sounds help reduce stress by lowering cortisol levels, easing anxiety, and creating a profound sense of calm.

Nature's melodies offer more than just a pleasant background noise. They inspire musical instruments that mimic and amplify these soothing sounds.

From Birds Chirping to Mountain Streams Gently Flowing – Seed Shakers & Chimes

Shaker instruments have ancient roots, with their origins tracing back to early indigenous cultures around the world. Traditionally crafted from natural materials like seeds, nuts, gourds, or bones, shakers were not only musical tools but also held spiritual significance.

In shamanic work, they are often used to invoke the rhythms of nature and to guide journeys of healing, meditation, and trance. The repetitive, grounding sound of shakers helps create a sacred space, aligning the body and mind with natural energies and aiding in the connection with the spirit world. Their rhythmic pulse mirrors the heartbeat of the Earth, making them an essential tool in many shamanic rituals.

A variety of different nut shells and sizes offers an equally wide range of sounds. The smaller shakers evoke the gentle rustling of leaves, while the larger ones resemble the fluttering of a flock of birds. The Pala or Kenari Chimes create a sound reminiscent of the rushing waters of a mountain stream. (See page 68)



From Gentle Drizzle to Heavy Rainfall – Rainmakers, Rain Sticks and Thunder Drums

Instruments that mimic rain and thunder, like Rainmakers, Rainsticks, and Thunder Drums, can have a powerful cleansing effect. The soft, rhythmic drops of a Rainmaker imitate summer rain, clearing the mind and washing away stress. A slowly turned Rainstick adds the calming flow of cascading water, while the deep rumble of a Thunder Drum channels the grounding energy of a distant storm. The interplay of these instruments can feel like a force of nature. When used in the right context, all pent-up energy can be released, much like a summer thunderstorm breaking through the heat.

(See page 70)



The Soothing Sound of the Ocean – Wave Drums

Wave Drums capture the calming essence of ocean waves, allowing you to experience the rhythmic ebb and flow of the sea wherever you are. As the beads inside the drum gently roll back and forth, they create the sound of waves lapping at the shore, bringing a sense of relaxation and peace. Perfect for meditation, sound therapy, or simply unwinding, Wave Drums transport you to the tranquil coast, where the soothing sound of the ocean washes away stress and brings balance to both mind and body. (See page 75)



Echoes of Nature – Didgeridoo

The sound of a Didgeridoo is like the deep, resonant hum of wind moving through ancient caves, swirling and echoing in rhythmic waves. It vibrates like distant thunder rolling across the horizon, steady and powerful, yet grounding. At times, it mimics the low rumble of the earth itself, as if the ground beneath you is alive, breathing in long, slow pulses. The didgeridoo's tones can shift like the call of a distant animal, or the rhythmic heartbeat of the wilderness, creating a primal connection to nature's raw, untamed energy. While these sounds affect us on a deeply mental and emotional level, learning to play the Didgeridoo can also improve your physical health.

(See page 71)



Learn more
about it

SOUND EFFECTS

1



SKPCH

2



SKCH

3



SBCH

4



SKBPCH

5



SKMCHFOL

6



SKMHC

7



Small
SKFOLS

Medium
SKFOLM

Large
SKFOLL

1 PALA CHIMES

SIZE 16.7" x 15.7" / 42.4 x 39.9 cm
MATERIALS Pala seed nutshells
 Mahogany wood
FEATURE Pleasant, smooth sound

2 KENARI CHIMES

SIZE 16.7" x 14.6" / 42.4 x 37.1 cm
MATERIALS Kenari seed nutshells
 Mahogany wood
FEATURE Powerful, crisp sound

3 BENDO CHIMES

SIZE 16.9" x 15" / 42.9 x 38.1 cm
MATERIALS Bendo seed nutshells
 Mahogany wood
FEATURE Clear, crisp sound

4 MIXED SEED CHIMES

SIZE 20.5" x 16.1" / 52.1 x 40.9 cm
MATERIALS Kenari / Bendo / Pangi seed nutshells
 Mahogany wood
FEATURE Powerful, crisp sound

5 KENARI MEDITATION CHIMES

SIZE 7.9" x 22.8" / 20.1 x 57.9 cm
MATERIALS Kenari seed nutshells
 Mahogany wood
FEATURES Powerful, crisp sound
 Flower of Life symbol
 Suspension ring

6 KENARI MEDITATION HAND CHIME

SIZE 7.9" x 15.4" / 20.1 x 39.1 cm
MATERIALS Kenari seed nutshells
 Mahogany wood
FEATURES Powerful, crisp sound
 Suspension ring

7 FLOWER OF LIFE KENARI CHIMES

SIZES **SKFOLS:** Small (19.7" / 50 cm)
SKFOLM: Medium (23.6" / 59.9 cm)
SKFOLL: Large (26.4" / 67.1 cm)
MATERIALS Kenari seed nutshells
 Mahogany wood
FEATURES Powerful, crisp sound
 Flower of Life symbol

8 PALA SHAKERS

SIZES **SPRL:** Large (13.7" / 34.8 cm)
SPRS: Small (11" / 27.9 cm)
MATERIAL Pala seed nutshells
FEATURE Pleasant, smooth sound

9 KENARI SHAKERS

SIZES **SKRS:** Small (9" / 22.9 cm)
SKRL: Large (12.6" / 32 cm)
MATERIAL Kenari seed nutshells
FEATURE Powerful, crisp sound



Small
SPRS

Large
SPRL

Small
SKRS

Large
SKRL

Small
SBR

Large
SBRL



SBRS



SPGRS



SPH



SKH



SBHA



SPB



SKB



SBB



10 BENDO SHAKERS
SIZES **SBR:** Small (9.9" / 25.1 cm)
SBRL: Large (13.8" / 35.1 cm)
MATERIAL Bendo seed nutshells
FEATURE Clear, crisp sound

11 BENDO SHAKER
SIZE 8.3" / 21.1 cm
MATERIAL Bendo seed nutshells
FEATURE Clear, crisp sound

12 PANGI SHAKER
SIZE 8.3" / 21.1 cm
MATERIAL Pangi seed nutshells
FEATURE Powerful, deep sound

13 PALA ROD SHAKER
SIZE 9" / 22.9 cm
MATERIAL Pala seed nutshells
FEATURE Pleasant, smooth sound

14 KENARI ROD SHAKER
SIZE 9" / 22.9 cm
MATERIAL Kenari seed nutshells
FEATURE Powerful, crisp sound

15 BENDO ROD SHAKER
SIZE 9.5" / 24.1 cm
MATERIAL Bendo seed nutshells
FEATURE Clear, crisp sound

16 PALA BRACELET
SIZE 3.7" x 2.4" / 9.4 x 6.1 cm
MATERIAL Pala seed nutshells
FEATURES Pleasant, smooth sound
For the wrist or ankle

17 KENARI BRACELET
SIZE 3.7" x 2.4" / 9.4 x 6.1 cm
MATERIAL Kenari seed nutshells
FEATURES Powerful, crisp sound
For the wrist or ankle

18 BENDO BRACELET
SIZE 5.1" x 2.4" / 13 x 6.1 cm
MATERIAL Bendo seed nutshells
FEATURES Clear, crisp sound
For the wrist or ankle

SOUND EFFECTS

1 NEW



5 min
RM1IRO

5 min
RM1OAK

5 min
RM1WAL

15 min
RM2IRO

15 min
RM2OAK

15 min
RM2WAL

30 min
RM3IRO

30 min
RM3OAK

30 min
RM3WAL



1 RAINMAKERS

SIZES **RM1:** 20.3" / 51.5 cm height;
4.7" / 12 cm diameter
RM2: 24.6" / 62.5 cm height;
6.3" / 16 cm diameter
RM3: 40" / 101.5 cm height;
6.3" / 16 cm diameter

MATERIALS **IRO:** Iroko
OAK: Oak
WAL: American Walnut

DURATION **RM1:** ~5 min
RM2: ~15 min
RM3: ~30 min

FEATURES Soothing rain sound backdrop
Perfect for meditation, yoga, and sound
baths

FINISH Elegant design
Oil-finished

SOUND EFFECTS & DIDGERIDOOS



16.0"
RS1S

24.0"
RS1M

39.8"
RS1L



Small
TD-S

Large
TD-L



47.2"
DD1BK

Note E, 61.2"
DDPROFPE

Note D, 73.2"
DDPROFNTD



Note C, 25.3"
DDPROFZC

Note D, 25.3"
DDPROFZD



Note C, 19.7"
DDPROFSC

Note D, 19.7"
DDPROFSD

2 BAMBOO RAINSTICKS

SIZES RS1S: Small (16.0" / 40.6 cm)
RS1M: Medium (24" / 61 cm)
RS1L: Large (39.8" / 101.1 cm)

MATERIAL Bamboo
FEATURES Lightweight; Dot-painted
COLOUR Black

3 THUNDER DRUMS

SIZES TD-S: Small (7.48" / 19 cm)
TD-L: Large (9.84" / 25 cm)

MATERIAL Synthetic body
FEATURES Durable construction;
Authentic thunder sounds

4 BAMBOO DIDGERIDOO

SIZE 47.2" / 119.9 cm
MATERIAL Bamboo
FEATURE Dot-painted
COLOUR Black

5 SLICED PRO DIDGERIDOOS

SIZES DDPROFNTD: 73.2" / 185.9 cm
DDPROFPE: 61.2" / 155.4 cm

MATERIAL Mahogany
TUNING DDPROFNTD: D
DDPROFPE: E
FEATURES Screw mechanism to separate into
two pieces
DDPROFPE: Dot-painted
INCLUDES Bag
COLOURS DDPROFNTD: Natural
DDPROFPE: Black

6 Z-SHAPED PRO DIDGERIDOOS

SIZE 25.3" / 64.3 cm height; 6.3" / 16 cm width
MATERIAL Mahogany
TUNING DDPROFZC: C
DDPROFZD: D
FEATURE Z-shape offers full tone and volume
at a compact size
COLOUR Natural

7 S-SHAPED PRO DIDGERIDOOS

SIZE 19.7" / 50 cm height; 11" / 27.9 cm width
MATERIAL Mahogany
TUNING DDPROFSC: C
DDPROFSD: D
FEATURE S-shape offers full tone and volume
at a compact size
COLOUR Natural

FIND YOUR OWN RHYTHM IN COMMUNITY

The Magic of Drum Circles

Drum circles offer a unique space where individuals come together to connect through rhythm and sound. In these circles, the simple act of drumming transforms into something magical, as personal expression blends into a collective beat. It's a space where everyone, regardless of skill level, finds their rhythm and contributes to a shared musical journey.

Drum circles create an environment where the barriers between people dissolve, replaced by the pulse of the rhythm shared by all. Each beat becomes a conversation, a heartbeat of the community, where everyone has a voice, and every sound matters. In this sacred space, time seems to slow down, and participants often find themselves more deeply connected – to themselves, to others, and to something greater beyond words.

The experience can be both invigorating and deeply meditative, as the rhythms become a form of expression that taps into something primal. The simple, repetitive beats can help release stress, spark creativity, and allow participants to let go of inhibitions. There's no right or wrong in a drum circle – just the freedom to create, listen, and respond.

To fully experience the magic of a drum circle, it's important to enter with an open mind. Let go of any expectations, and allow yourself to actively listen to the rhythms around you. Rather than putting pressure on yourself to perform or play perfectly, focus on the joy of participating and connecting with others. The beauty of a drum circle lies in its spontaneity and collective energy – it's a space for everyone to simply enjoy, be present, and find their own rhythm within the community.



FRAME DRUMS

1



14"
BD14WB-NH



16"
BD16WB-NH



18"
BD18WB-NH



2



14"
RD14DWB-SH



16"
RD16DWB-SH



18"
RD18DWB-SH



20"
RD20DWB-SH



22"
RD22DWB-SH



14"
RD14WB



16"
RD16WB



18"
RD18WB



20"
RD20WB



22"
RD22WB

Notice: Our Sonic Energy Frame Drums are natural products, different skin textures may occur.

1 BODHRAN DRUMS

- SIZES** **BD14:** 14", 4" deep
BD16: 16", 4" deep
BD18: 18", 4" deep
- MATERIALS** Poplar Wood (*Populus*) frame
Napa head
- FEATURES** Warm and powerful sound
Wooden cross bar for perfect grip
- INCLUDES** Mallet
- COLOUR** **WB:** Walnut Brown

2 RITUAL DRUMS

- SIZES** **RD14:** 14", 3.5" deep
RD16: 16", 3.5" deep
RD18: 18", 3.5" deep
RD20: 20", 3.5" deep
RD22: 22", 3.5" deep
- MATERIALS** **DWB-SH:** Poplar Wood (*Populus*) frame
True Feel synthetic head
WB: Poplar Wood (*Populus*) frame
Goat head
- FEATURES** Warm and powerful sound
Cord cross for perfect grip
DWB-SH: Moon phases symbol
- INCLUDES** Mallet
- COLOURS** **DWB:** Dark Walnut Brown
WB: Walnut Brown



FRAME DRUMS

1



Endless Knot, 15"
HOD15-EK



Flower of Life, 15"
HOD15-FOL



Triskele, 15"
HOD15-TR



Venus Flower, 15"
HOD15-VF



Tree of Life, 15"
HOD15-TOL

2



Endless Knot, 16"
HD16WB-EK



Flower of Life, 16"
HD16WB-FOL



Triskele, 16"
HD16WB-TR



Venus Flower, 16"
HD16WB-VF



Tree of Life, 16"
HD16WB-TOL

1 HOOP DRUMS

- SIZE** 15", 3.2" deep
MATERIALS Hand-selected buffalo head
 Nylon lacing and grip
FEATURES Crisp and powerful sound;
 Adjustable hand grip
INCLUDES Leather-padded wooden beater
SYMBOLS **EK:** Endless Knot
FOL: Flower of Life
TOL: Tree of Life
TR: Triskele
VF: Venus Flower

2 DESIGNED HAND DRUMS

- SIZE** 16", 2.5" deep
MATERIALS Siam Oak (*Hevea brasiliensis*
 Muell.-Arg.) frame
 Hand-selected goat head
FEATURES Warm, rich and resonating tones;
 Comfortable grip
SYMBOLS **EK:** Endless Knot
FOL: Flower of Life
TOL: Tree of Life
TR: Triskele
VF: Venus Flower
COLOUR **WB:** Walnut Brown





3 HAND DRUMS

SIZES **HD16:** 16", 2.5" deep
HD18: 18", 2.5" deep
HD20: 20", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Hand-selected goat head

FEATURES Comfortable grip; Warm, rich and resonating tones

COLOUR **WB:** Walnut Brown

4 WOVEN SYNTHETIC HEAD HAND DRUMS

SIZES **HD16:** 16", 2.5" deep
HD18: 18", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Woven synthetic head

FEATURES Vegan; Comfortable grip; Durable, synthetic head; Rich and resonating tones

COLOUR **WB:** Walnut Brown

5 FLOWER OF LIFE WAVE DRUM

SIZE 16", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Two hand-selected goat heads
Amaranth and glass beads

FEATURES Soft, soothing sound; Sealable filling port allows you to control the amount of beads inside

SYMBOL **FOL:** Flower of Life

6 WOVEN & SYNTHETIC HEAD WAVE DRUM

SIZE 16", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Woven head and synthetic head
Glass and metal beads

FEATURES Vegan; Medium loud, soothing sound; Sealable filling port allows you to control the amount of beads inside

7 WAVE DRUMS

SIZES **WD16:** 16", 2.5" deep
WD18: 18", 2.5" deep
WD20: 20", 2.5" deep
WD22: 22", 2.5" deep

MATERIALS Siam Oak (*Hevea brasiliensis* Muell.-Arg.) frame
Hand-selected goat head and synthetic head
Mixed metal beads

FEATURES Strong, soothing sound; Sealable filling port allows you to control the amount of beads inside

COLOUR **WB:** Walnut Brown

SONIC ENERGY ONLINE



ENHANCING WELLNESS – NOT A MEDICAL ALTERNATIVE

Some of our products are mainly used to strengthen the self-healing process and to find and release energetic blockages. With the correctly applied product, physical and psychological well-being often can be increased, but not guaranteed.

Please note that sound work can be a supportive practice for a lot of processes, but it is important to recognize that it is not a medical alternative. Every individual is unique, and what works for one person may not work for another.

The use of our products is in no case a substitute for a medical or psychotherapeutic treatment or diagnosis. Contact your health-care provider immediately if you suspect that you have a medical problem.

Our instruments are great tools to support your meditation and getting into a relaxed state.

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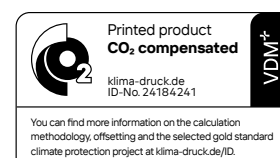
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